



Liturgical Living Resources November 16-20

November 16: Optional Memorial of Sts. Margaret of Scotland and Gertrude the Great

[Learn more about these saints at CatholicCulture.org.](#)

St. Margaret of Scotland

St. Margaret trained her eight children in Christian virtue and tirelessly served the poor, giving alms some three hundred daily, washing their feet herself, and kissing their wounds.

- [St. Margaret of Scotland coloring page](#)
- In honor of this saint's generosity toward the poor, drop off some food at a food pantry this week.
- Send a text or email of encouragement to a mother you know who is trying to raise her children to love God.
- Make [Scottish oat scones](#) or [Scottish shortbread](#)

St. Gertrude the Great

St. Gertrude was a great mystic of the Middle Ages. She introduced, along with her mentor, St. Mechtilde, devotion to the Sacred Heart which St. Margaret Mary would spread some 400 years later.

- Enthroned the Sacred Heart of Jesus in your home, giving an image of Him a place of honor and remembering him as your sacred guest. [Learn more about this devotion.](#)
- [Instructions for enthroning the Sacred Heart of Jesus in your home, from CatholicCulture.org.](#)
- Consider [consecrating your family to the Sacred Heart.](#)

November 17: Memorial of St. Elizabeth of Hungary

[Learn more about St. Elizabeth of Hungary.](#)

St. Elizabeth of Hungary was another queen noted for her largesse toward the poor and personal holiness. The legend says that her husband found her outside with her mantle weighed down with loaves of bread for the poor. Having been asked what she was carrying, she opened

Brought to you by CatholicMom.com and Holy Cross Family Ministries.

THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER.



up her mantle and fresh roses appeared in the place of bread. After her husband was killed in a crusade while she was a young wife, politics turned against her, and she was made to beg and wander the countryside with her small children in winter before becoming a Franciscan tertiary (now known as Secular Franciscans).

- Aldi typically has bunches of roses for \$4. What a lovely way to celebrate St. Elizabeth, especially if you give them away!
- Make loaves of bread with your children, aiming to finish around 5 or 530 PM. Place them in a basket with a note explaining the custom, bundle up, and bless your neighbors with warm bread for their suppers.
- This is yet another day to give alms to the poor, especially any outerwear you might have to spare.
- [St. Elizabeth of Hungary coloring page](#)

November 18: Optional Memorial of St. Rose Phillipine Duchesne

This holy woman died thinking herself a failure. Do you ever feel that way too? [Read the biography of St. Rose, a Visitation nun who ministered in St. Louis and Kansas.](#)

November 20: St Bernward (historical)

I include this saint as a help to those moms whose children groan at the thought of having to visit grandparents or great-grandparents. Once he was ordained a priest, he chose to stay near his grandfather in order to comfort him in his old age rather than be assigned elsewhere (one imagines to what would have been a more prestigious locale).

- Visit any elderly relatives you have, teaching your children that this is an act of mercy.

These activities were compiled and created by CatholicMom contributor Amanda Woodiel. Learn more at her blog, [In a Place of Grace](#).

Brought to you by CatholicMom.com and Holy Cross Family Ministries.

THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER.