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Learning the Rosary

OUR PRAYER TO MARY



1.) GET A ROSARY

Having a Rosary to pray with makes it easier to keep track of the prayers as you go. If you don't have a Rosary, try using your fingers!

2.) WHEN TO PRAY

Find a time, place, and people to pray with. Pick a time you like to pray, make a Rosary group with friends, or pray throughout the day as you're on the go!

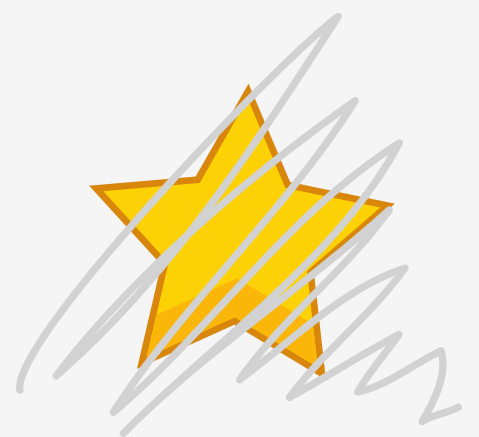


3.) WORK ON BASICS

Knowing the setup and a few prayers is a great place to start. Practice the prayers on their own, or use the repetition in the Rosary to learn.

4.) DON'T WORRY ABOUT PERFECTION

Everyone learns the Rosary differently, and adding personal prayers or pauses makes it yours!



5.) MAKE IT A HABIT

Pray the Rosary regularly. When feeling anxious, tired, or in need, start on those prayers! Then pass it on to your family and friends: show them this part of your daily life or routine, and it may become part of theirs...



The family that prays together stays together

(Venerable Patrick Peyton)