

SIMPLICITY RESOURCES

✓ HOW MANY TOWELS DO YOU NEED?

This blog post shares how one simple question kickstarted my decluttering journey... and how it can do the same for you!

✓ HOW TO STOP STRESSING ABOUT YOUR TO-DO LIST

I know, you've got a million things to do and never enough time to do them. This post will help you relax and stop letting your to-do list run the show.

✓ HOW TO PROCESS EMAIL LIKE A NINJA

Email does not need to be your enemy. This post shares my RAFT email processing system, plus a 7-minute video that takes you inside my work & personal inboxes to see exactly how it works.

HI! I'M ROSE.

Nine years ago, I got serious about decluttering my excess stuff and I haven't stopped since. I'm a keynote speaker, coach, author, and mom of triplets (yes, you heard that right!) whose goal is to help female professionals create more joy, balance, and freedom in their lives through simplicity. My words have been featured on TEDx and USAToday.com. I live in lovely Dayton, Ohio.



*Not only did Rose help me create a decluttering plan and give me direction, but she talked me through it step-by-step. She gave me such great one-on-one support and a feeling that **I can do this**.*

- Susie B.

Want to simplify your life but not sure where to start?

[Click here to get my FREE Simplicity Starter Guide!](#)