1. All children must be checked in upon arrival and checked out upon departure. Please note your arrival time in order to stay within the Kids Club time limits:
   • For children ages 6-weeks through 11 months the time limit is 1 hour per day.
   • For children ages 1–12 years the time limit is 2 hours per day.

2. Only parents or legal guardians are allowed to drop off children in Kids Club.

3. Please provide a car seat for children 6-months and under. Your children may be removed from the car seat and transferred to an infant seat for their safety.

4. O2 Fitness reserves the right to delay entry of a child if maximum capacity is reached. You may experience a short wait during peak times if availability is limited.

5. For the protection and safety of all children, absolutely NO SICK children are allowed in Kids Club. 48 Hours Minimum without fever, vomiting, diarrhea, or visible signs of sickness. If your child is too sick for school, they are too sick for Kids Club.

6. Please check in to the Front Desk, confirm your active Kids Club membership, and take your children directly to Kids Club.

7. No children are allowed in the fitness club when Kids Club is not in session.

8. Due to possible food allergies and choking, NO FOOD is allowed (including candy & gum). Water bottles are permitted. Bottles must be labeled with child’s name.

9. Medication will not be administered by Kids Club team members. For any special circumstances, please talk with the General Manager.

10. Infants may bring pre-made bottles if they can feed themselves. Please label all bottles before leaving them in Kids Club.

11. Parents will be called to Kids Club if diaper is needed to be changed. Kids Club team members are not permitted to change diapers.

12. Parents will be called to Kids Club if child needs assistance in the restroom.

13. Please label all articles brought into Kids Club. O2 Fitness is not responsible for any lost, stolen, or damaged articles, including toys.

14. Parents must stay on O2 Fitness premises at all times or must be participating in an O2 Fitness program while your child is in Kids Club.

15. Time Out is the only disciplinary action taken in Kids Club. If it is not effective, you will be asked to remove your child from this area.

16. Please explain the following rules to your children:
   • Obey and respect all team members at all times
   • No running, rough-housing, biting, kicking, or violence of any kind will be tolerated
   • Treat others as you wish to be treated

17. All children must wear socks and/or shoes. Bare feet are not allowed.