

**LivRite Fitness Health Procedure
Beginning July 24 per the Fishers Health Department**

We are monitoring the guidelines of the federal, state and local governments and will continue to act in accordance of those policies. We will communicate policy updates to our members as they are made. LivRite Fitness will continue to implement cleaning guidelines in order to protect our members, staff and visitors. We will continue to clean frequently touched surfaces, equipment, and the facility as a whole. Thank you for your patience with everything as we are in this together. If you have a question regarding our mask policy or any other questions, please email us at memberservices@livritefitness.com

LivRite's Mask Policy Effective July 24th, 2020

Please bring and wear a mask. For the health of our members, staff and community, mask use is required for members two and older when within 6' of others, this includes when entering the club and navigating to and from our studios and workout areas.

Mask usage is required except in the following occurrences:

- While exercising **and** socially distanced
- While participating in outdoor activities **and** socially distanced
- When not safe or practical, for example:
 - Eating / drinking
 - Swimming
 - Showering
- Medical, Health (physical or psychological), Disability

Fishers Public Health Order 01-2020

<https://fishers.in.us/DocumentCenter/View/22916/Public-Health-Order-1-executed?bidId=>

Mask Mandate FAQ's

<https://fishers.in.us/1205/Mask-Mandate-FAQs>

Question and Answer regarding exercise from Fishers Mask Mandate FAQ's

Do I need to wear a face-covering when I am exercising?

No, persons exercising outdoors, or while walking or exercising with other persons of the same household, as long as physical distancing of 6 feet from others is maintained do not have to wear a face covering. People are not expected to wear a mask while swimming. Physical distancing should be adhered to as much as possible in pool settings.

Persons exercising indoors must wear a face covering when it is difficult or impossible to maintain physical distancing of 6 feet.

FAQ's for the new mask mandate at LivRite:

Do we need to wear a face covering while playing basketball?

Yes, we will require a face covering for all members who choose to play basketball.

Do I need to wear a mask on the cardio equipment?

You do not need a face covering while using cardio equipment. LivRite Fitness has implemented a distance of 6 feet for all cardio.

Do I need to wear a mask in the free weight area?

Yes, we are requiring masks in the free weight area since it is an area that is harder to maintain social distance.

Do I need to wear a mask when I am on the ramp or during outdoor bootcamp?

You do not need a face covering while doing outdoor activities such as the ramp and outdoor bootcamp as long as there is 6 feet of social distance.

Do I need to wear a mask during a group fitness class?

You do not need to wear a mask if you are able to keep 6' apart during the class. All of our group fitness rooms have been appropriately spaced out. Once class is over, please put covering back on.

Do I need to wear a mask in the pool?

There is no face covering required for swimming but please maintain social distance.

Are there exceptions to those who must wear a mask?

Yes, individuals who are unable to wear a mask or face covering for a physical, psychological, medical, or health related reason are exempt. Also, children under two are exempt from wearing a mask.

Do I need to wear a mask in the sauna?

No, but gym rules must be followed. There are limits on the number of members in a sauna and social distance must be maintained.

Do my children need to wear masks at KidRite?

Yes. Children who are two and older are required to wear a mask upon entry to LivRite and during the duration of their time in KidRite.

How will Team LivRite enforce the mask policy?

Our philosophy will be rooted in mutual trust and respect for our members. We know the majority of our members will adhere to this guidance as our community wants to keep our fellow members and staff members safe. However, if we see blatant disregard to our policy it will be addressed by a team member.