

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“Everything Good, Everything Magical happens between the months of June and August.” ~ Jenny Han</p>		<div>1</div> <p>AM Doctor Appointments</p> <p>10:30 Talk Time (Group 1) (Juice Bar)</p> <p>11:15 Posture / Breathe (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p>	<div>2</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>1:00 Shopping (Fred Meyer) *</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>3</div> <p>9:00 Walking Redondo *</p> <p>11:00 Walk 2nd Group</p> <p>10:30 Talk Time (Group 2) (Juice Bar)</p> <p>11:15 Posture / Breathe (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p> <p>Check Your Assigned Time</p> <p>PM Doctor Appointments</p>	<div>4</div> <p>9:30 Traveling Library (Debbie will Pickup & Dropoff)</p> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>5</div>
	<div>6</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>7</div> <p>AM Doctor Appointments</p> <p>10:30 Talk Time (Group 1) (Juice Bar)</p> <p>11:15 Posture / Breathe (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p>	<div>8</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>1:00 Shopping (Fred Meyer) *</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>9</div> <p>9:00 Walking Game Farm *</p> <p>11:00 Walk 2nd Group</p> <p>10:30 Talk Time (Group 2) (Juice Bar)</p> <p>11:15 Posture / Breathe (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p> <p>Check Your Assigned Time</p> <p>PM Doctor Appointments</p>	<div>10</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>11</div>
	<div>12</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>13</div> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>14</div> <p>AM Doctor Appointments</p> <p>10:30 Talk Time (Group 1) (Juice Bar)</p> <p>11:15 Posture / Breathe (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>1:30 Rock N Roll Memories Part 2 (Meeting Room) *</p> <p>2:30 Bingo (Group 2)</p>	<div>15</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>1:00 Shopping (Fred Meyer) *</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>16</div> <p>9:00 Walking Fishing Hole *</p> <p>11:00 Walk 2nd Group</p> <p>10:30 Talk Time (Group 2) (Juice Bar)</p> <p>11:15 Posture / Breathe * (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p> <p>Check Your Assigned Time</p> <p>PM Doctor Appointments</p>	<div>17</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>
	<div>18</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>19</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>20</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>21</div> <p>NO DOCTOR Appointments</p> <p>10:30 Talk Time (Group 1) (Juice Bar)</p> <p>11:15 Posture / Breathe (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p>	<div>22</div> <p>NO Shopping Today</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>23</div> <p>NO WALK TODAY</p> <p>10:30 Talk Time (Group 2) (Juice Bar)</p> <p>11:15 Posture / Breathe * (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p> <p>Check Your Assigned Time</p> <p>NO DOCTOR Appointments</p>
	<div>24</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>25</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>26</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>27</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>	<div>28</div> <p>AM Doctor Appointments</p> <p>10:30 Talk Time (Group 1) (Juice Bar)</p> <p>11:15 Posture / Breathe (Fitness Room)</p> <p>12:00 Chair Yoga</p> <p>1:00 Chair Yoga</p> <p>2:00 Bingo (Group 2)</p>	<div>29</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>1:00 Shopping (Fred Meyer) *</p> <p>2:00 Bingo (Group 1)</p> <p>Check Your Assigned Time</p>
	<div>30</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>31</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>32</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>33</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>34</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>	<div>35</div> <p>10:15 Dance Cardio</p> <p>11:00 Balance & Strength</p> <p>12:00 Balance & Strength</p> <p>2:00 Whammo *</p> <p>Check Your Assigned Time</p>

June Highlights

Fitness Classes

- Dance Cardio – Monday, Wednesday, Friday (Fitness Room)
- Balance & Strength – Monday, Wednesday, Friday (Fitness Rm)
- Chair Yoga – Tuesday and Thursday (Fitness Room)

Check your group assignment

- Posture Power & Breathing Meditation (Fitness Room) *
(Please Sign Up)

Bingo

- Monday and Wednesday at 2:00 (Group 1) (Fitness Room)
- Tuesday and Thursday at 2:00 (Group 2) (Fitness Room)

Whammo

- Friday at 2:00 (Fitness Room)
Please sign up and we will monitor overflow

Check your group assignment

- **Tuesday, June 15, 1:30 Rock & Roll Memories Part 2 ***
(Meeting Room)
- **Saturday, June 26, 11:00am – 2:00pm**
Shred It & Forget It!
ON CAMPUS

Please note: Reservations needed, indicated with an ‘*’

Fairfield

June 2021 Activity Calendar

King Co. Traveling Library 1st Friday of each month ~ 9:40AM
~ Debbie will be contact person with the Librarian
(Librarian will delivery books on hold and pickup books for return.)

Small Group Activities!

Please sign up in advance.

* = Reservations Required

Bingo and Fitness Class groups have been assigned.
If you do not see your name on the list, please call Debbie.
Groups are limited to 10 people.

We will monitor the over-flow situation as we progress through
this calendar each week.

Please be patient with us.

Keep Going!