

May 2021

BRIGHTER DAY'S SPONSOR

CCT Residents & Staff

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 2:00 Bus to Bank 					

Canterbury Court RESIDENT NEWSLETTER



5th Edition, May 2021



JAN

We are thrilled to know that we are able to open up some activities after a year of not being able to meet as a group.

We will be able to have our first Residents Meeting on May 10th after over a year of not being able to meet. We will be able to have 25% capacity in the Canterbury room so we are hoping to see you there. We will have to take your temp and everyone will need to wear a mask but.....we will be together! We will be hosting the Fill The Barrel this month by asking all of you to donate to our Barrel that helps the West Carrollton Back Pack Program. The kids are back in school so we want to continue helping with this. Please when you come to the meeting please bring an item and donate to the barrel program. Example of items are peanut butter, fruit cups, and individual servings of items. They will be much appreciated.

Our other programs we will start as well such as our exercise on Tuesday, knitting, and Bible study. Any volunteer coming in to help with these programs must be vaccinated as per our guidelines. Also you can only have a bottled drink in the room as well so if attending one of these programs please keep that in mind.

We will be celebrating Cinco de Mayo day on May 5th with free Nachos, Mockaritas, Mexican Coke and one resident will win a donkey piñata. For Mother's day council will deliver a cookie on May 7th at 3:00. Council will be having a Pie Sale this month. We will be grilling out burgers on international Hamburger day which will be on May 28th starting at 11:30am.

While we will be continuing to have more activities we just have to remember that if you attend an activity we will have to have a temp check and wear a mask.

A few reminders: if you have a dog you must pick up after it and the dog cannot do its business outside the door. It must be taken out away from the building. Also if your dog barks you must be in control of it. It cannot be bothering your neighbors. Failure to do so can result in a lease violation.

I hope that you have a nice Mother's Day and Happy Memorial Day as well. We must remember that Memorial Day is a federal holiday the United States has for honoring and mourning the military personnel who have died in the performance of their military duties while serving in the United States Military.

"You are never too old to set another goal or to dream a new dream." - C.S. Lewis

May Facts

May actually has two birth flowers ó the Lily-of-the-Valley and the Hawthorn. The Hawthorn flower is a symbol of hope, while the Lily-of-the-Valley represents the return of happiness and sweetness.

Memorial Day was originally known as Decoration Day. The holiday was long known as Decoration Day for the practice of decorating graves with flowers, wreaths, and flags. The name "Memorial Day" goes back to 1882, but the older name didn't disappear until after World War II. It wasn't until 1967 that federal law declared "Memorial Day" the official name.

Anna Jarvis, who encouraged President Woodrow Wilson to declare Mother's Day an official holiday, started the practice of wearing a carnation to honor mothers. Traditionally, red or pink carnations are a nice gift to celebrate your mom, while white carnations can be used to honor a mother who has passed away.

The Kentucky Derby has been staged on the first Saturday in May on 86 occasions and every year since 1946. The Derby has been run on a Saturday on 108 occasions and each day of the week except Sunday. The last time it wasn't staged on a Saturday was 1910.

Bible Verse ~ 1 Peter 3:4

"You should be known for the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God."

~~~~~ Welcome ~~~~~

Kristen Wilkinson  
Danny Hines  
Kathleen Smith

## TERRY

Welcome Summer! I hope you are looking forward to doing something enjoyable outdoors with family, friends, or just enjoying a walk by yourself. It's nice to be able to open a window, feel the breeze, and hear the birds. Being outside is one of my highlights and something I look forward to.

I know many of you are looking forward to more social activities in the coming months. I am looking forward to seeing you at some of the activities we hope to start again this May.

Are there some things important to you, maybe something you value? Thinking about what is important to you can help identify personal goals. They may be things we might want to try to focus on or try to improve. They can be short or long term goals.

Enthusiasm in one thing that gets us started and Habit is what keeps us on track to accomplish what we are aiming for.ö Some ways to keep up motivation are to break it into small achievable steps, celebrate small victories, let the bad days go, keep it fresh and try new things. Use your support network of friends or family to help with encouragement and follow-up. Connect with people who have similar goals. - Tri-health

öLove yourself first and everything else falls into line. You really have to love yourself to get anything done in this world.ö -Lucille Ball

**June 1 – June 4.** We will be collecting flowers and plants to add to the Butterfly Garden. They can be dropped off by the garage entrance or to the office area during office hours. We are inviting some of our church partners to help with the Butterfly Garden in early June.



## A Few Reminders:

- ☞ Pest Control will be here the second Thursday of the month to inspect the 1st Floor.
- ☞ Remember to bring your items for the Pirate Pack in the Canterbury Room!

Remember!

## Smile for the Month



Q: What kind of flowers are best for Mother's Day?  
A: Mums.

Q: What did the bee say to the flower?  
A: Hello honey!

Q: What kind of tree can you fit in your hand/  
A: Palm Tree



## Pie Facts

Apple pie is a crowd favorite. Apple pie is the most popular in the U.S, followed by pumpkin, chocolate, lemon meringue and cherry.

Pies are comforting. At least that's what 47% of Americans think. A survey found that people associate the word "comforting" when they think of pies.

What's your Pie Personality?

- Apple Pie ó Independent, realistic and compassionate
- Pecan Pie ó Thoughtful and analytical
- Chocolate Pie ó Loving

There's a town called Pie Town in New Mexico, USA. Nope, it's not the name of a cute bakery, and no, it's not imaginary! Pie Town is a real place located along the U.S Highway 60 in Catron County. Their specialty? Pies, of course.