# St. Paul Village RESIDENT NEWSLETTER

## May 2021

#### Health & Wellness

Monday, May 10 1:00 - 1:30 Health Talk provided by Superior Care Plus in the Dining Room. Monday, May 10 & 24 at 1:30

Blood Pressure Clinic



Monday, May 10 at 1:30 Nurse Practitioner in the clinic.



#### Important Phone Numbers

During <u>regular</u> office hours, please call the office 272-1118 with your work order.



#### Transportation Information

To keep our residents and staff safe during these challenging times, the following changes have been made, effective immediately. We will update bus trips as guidelines change.

We are reducing the number and length of trips.

- We will transport only one property at a time to reduce possible cross exposure among the properties.
- Every resident will have their temperature checked and be asked the same health questions we have already implemented.
- Every resident will clean their hands with an anti-bacterial wipe before getting on the bus.
- Residents are required to wear a mask on the bus at all times.

#### **RESERVATION POLICY**

Call the transportation phone line at 431-9767 by 4 pm the business day prior to the trip. Please leave the following information for John:

- · Date & destination of the trip
- · Your property (SPV)
- · Your phone number
- · If you will be bringing a walker, fold-up wheelchair, power chair or none of the above.
- Limit your purchases to 5 grocery bags. One large item counts as one bag.

# Please see the calendar for upcoming bus trips

St. Paul Village is a residential community of Episcopal Retirement Services

#### **May Activities**

Loteria Mexican Bingo Monday, May 3 at 1:30

**ABCDE** Come play Bingo, celebrate Cinco de Mayo& win prizes!



#### Mother's Day Celebration Tuesday, May 4 12:00 ABC Thursday, May 6 12:00 DE



All women are invited to attend the Mother's Day Celebration Wear a hat to enter contest to win a prize! Play games, win prizes & lunch to go!

#### Ice Cream Sundaes Monday, May 10 at 1:30 ABCDE

I scream, you scream, we all scream

for ICE CREAM! Come to the Dining Room for an ice cream sundae to do. There will be lots of toppings to choose from!



Bean Bag Poker & Lunch to Go Wednesday, May 12 at 1:30 CDE Thursday, May 13 at 12:00 AB



There is no gambling involved with this poker game! Come & win money but never lose any!

BIRTHDAY PARTY BINGO Monday, May 17 at 1:30 CDE Tuesday, May 18 at 12:00 AB

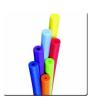
Birthday Party Bingo is open to all residents. If you have a birthday in April, you get to play with two cards! Dessert to go!



#### Cicada Fun Monday, May 24 at 1:30 CDE Tuesday, May 25 at 12:00 AB

Don't Let those nasty bugs scare you away from playing games & learning all about our visitors who come every 17 years! We will also have cicadas to eat! But, don't worry, these are edible not real ones!





Noodle Ball Wednesday, May 26 at 1:30 Rec Room

While Caroline is away on her maternity leave,

join JoAnne in the rec room to play noodle ball!

## DESSERTS TO GO

Come to the dining room on Wednesdays at 3 pm and pick up a dessert to go! Pies are hot out of the oven.





**Volleyball in the Breezeway:** Monday, May 3, 10, 17, 24 at 3:00



Welcome Beth Moores Beth is the newest addition to the ERS Affordable Living Activities Team. Beth is the Volunteer Coordinator and will doing the newsletters & helping with some activities. We are excited to have her on the team!



Lisa Waldmann	5/2
Darlene Ballew	5/4
Jennifer Glacking	5/8
Julia Harmon	5/13
Bruce Starkey	5/15
Danita Burns	5/18
Bernice Smith	5/21
Reginal Nixon	5/23
Annie Brown	5/23
Anna Cornelison	5/24
Dan Martz	5/25



# One Life Insurance Bingo & Raffle Tuesday, May 25 at 11:00

Join Lisa Chambers for some bingo fun followed by a raffle. Provided by Oak Street Health





The Thursday spiritual services continue in the meditation room. Residents will need to sit six feet apart. If more than six



people are in the meditation room, the Bible Study will be moved into the Recreation Room. At this time, our spiritual services are restricted to one outside volunteer and residents only.

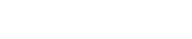
Ken Wichman on Wednesdays for Bible Study at 7 PM.

Pastor Beck on Thursdays at 9:30 AM for devotions.

**PoKeNo** led by the resident council plays on Monday and Friday nights at 6:30 pm in the dining room. Please remember, one per table, wear your mask, and please take your temperature before attending.

**Resident Council:** Check flyers for the dates of April Resident Council meeting with all residents at 3 PM in the dining room.

The Resident Council Store is open Monday and Friday from 6:30-10 PM and Wednesdays from 5-8 PM.



**Reminder to Residents** 

NOT

Please do not feed the birds or squirrels or any other outside animals. By feeding or leaving food outside for animals we are attracting unwanted animals and also making messes of patios/balconies and windows.

Staff is not here on weekends & holidays so if you call and leave a



message, staff does not get those messages until they return. If you call for emergency maintenance issues you must call 513-542-5888. Please don't call the office phone to leave maintenance emergency messages because no one will get those messages until staff returns.



Please remember to push your check-in button daily.

### **Service Coordinator**

Tax Deadline	extended	to
<u>May 17, 2021</u>		



#### **COVID-19 Vaccine Information**

-For residents who want to receive the COVID-19 vaccine and have not yet been able to schedule an appointment, scheduling help is available through United Way by calling 211 or through Council on Aging by calling 513-721-1025



#### VILLAGE STORE

With the closing of Family Dollar, we are stocking more items in the Village Store. Your suggestions are welcomed, just tell or drop a note to JoAnne. We can't guarantee that the items you suggest will be sold in the store, but we will do our best!



#### MASKS

Masks are still required to be worn outside of your apartment. Several people are not wearing their masks in the common areas such as the laundry rooms, the offices, mail boxes, in other residents' apartments, etc.. Masks must be worn whenever you leave your apartment. By not wearing a mask you are putting the whole community at risk of catching the virus as well as yourself.

#### **GROCERY CARTS**



Please be considerate of others by returning the grocery carts when you are finished using them. Kindly do not leave them in your apartments or the hallways



Senior Food Boxes Thursday, May 13 at 10:00 in the Dining Room