



## *Lunch Menu—August & September 2021*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Aug 30</b> Mini Corn Dogs  Broccoli & Steamed Carrots Fresh Fruit & Chilled Peaches	<b>31</b> 2 Soft Tacos w/Shredded Romaine & Tomatoes  Refried Beans & Black Beans Fresh Fruit & Chilled Diced Pears	<b>Sept 1</b> Fish Sandwich  French Fries & Steamed Peas Fresh Fruit & Chilled Mixed Fruit	<b>2</b> Chicken Patty on a Bun  Sweet Potato Fries & Sauteed Mixed Greens, Fresh Fruit & Chilled Diced Peaches	<b>3</b> Chicken Tenders  Tater Tots & Steamed Corn Fresh Fruit & Chilled Mixed Fruit
<b>6</b>  <b>NO SCHOOL</b>  <b>Labor Day</b>	<b>7</b> Beef Nachos w/Whole Grain Tortilla Chips  Black Beans & Fresh Diced Tomatoes, Fresh Fruit & Chilled Mixed Fruit	<b>8</b> Hot Dog on a Bun w/Fritos  Fresh Cherry Tomatoes & Baked Beans Fresh Fruit & Pineapple Tidbits	<b>9</b> BBQ Chicken on a Bun  Potato Salad & Seasoned Corn Fresh Fruit & Diced Pears	<b>10</b> Hamburger on a Bun  French Fries & Fresh Baby Carrots Fresh Fruit & Watermelon Cup
<b>13</b> Meat & Cheese Calzone  Crinkle Cut Carrots & French Fries Fresh Fruit & Chilled Peaches	<b>14</b> Burritos  Refried Beans & Fiesta Corn Fresh Fruit & Diced Pears	<b>15</b> Country Breaded Steak  Fresh Broccoli & Steamed Green Peas Fresh Fruit & Pineapple Tidbits	<b>16</b> Baked Chicken ¼'s  Sweet Potato Fries & Tomato Wedges Fresh Fruit & Applesauce	<b>17</b> Chili Mac Casserole  Tater Tots & Mixed Vegetables Fresh Fruit & Mixed Fruit
<b>20</b> Meatball Sub  Crinkle Cut Carrots & French Fries Fresh Fruit & Chilled Peaches	<b>21</b> Chicken Quesadillas  Refried Beans & Fiesta Corn Fresh Fruit & Diced Pears	<b>22</b> Hot Turkey w/ Gravy  Fresh Broccoli & Steamed Green Peas Fresh Fruit & Pineapple Tidbits	<b>23</b> Chicken w/Dumplings  Sweet Potato Fries & Tomato Wedges Fresh Fruit & Applesauce	<b>24</b> French Bread Pizza  Tater Tots & Mixed Vegetables Fresh Fruit & Mixed Fruit
<b>27</b> Hamburger on Bun  Crinkle Cut Carrots & French Fries Fresh Fruit & Chilled Peaches	<b>28</b> Fajita Wrap  Refried Beans & Fiesta Corn Fresh Fruit & Diced Pears	<b>29</b> Greek Gyro w/Pita  Fresh Broccoli & Steamed Green Peas Fresh Fruit & Pineapple Tidbits	<b>30</b> Sweet & Sour Chicken  Sweet Potato Fries & Tomato Wedges Fresh Fruit & Applesauce	

MLHS Campus Cuisine: Grab & Go Sub Sandwiches & Mixed Green Chef Salads with Choice of Dressing. Salads served with Whole Grain Dinner Roll. A variety of Milk is offered Daily.

This institution is an equal opportunity provider.