

## **BRENT CALLAWAY**

**DIRECTOR OF PERFORMANCE** 

Brent is a Performance Director at EXOS with 17 years of expertise in human performance, strength, speed and multi-directional training. He has spent his career coaching elite athletes on the intricacies of human movement across a broad spectrum of sports including baseball, football, track and field, tennis, boxing and soccer. In addition to performance coaching, Brent's strengths include public speaking, media interviews, on-camera coaching demonstrations. and educational sessions with sport coaches.

As the Director of Pro Sports:

- + Responsible for the following programs:
  - + NFL Combine Prep Program
  - + NFL Off-Season Program
  - + MLB Off-Season Program
  - + NBA Off-Season Program
- Oversee international performance staff for EXOS including:
  - + The Chinese Olympic
    Committee (~10 teams)
  - + Shanghai Research Institute for Sport Science
  - + Los Angeles Galaxy, USA
  - + Portland Timbers
  - + Flamengo
  - + Club Atletico Paranaense