Baby Spinach, Avocado, and Grapefruit Salad with Balsamic Vinaigrette

Yield: 10 servings Preparation time: 15 minutes

**Ingredients**
- 12oz baby spinach
- 2 medium avocados, sliced
- 3 grapefruits, cut into segments
- 2oz red wine vinegar
- 2oz balsamic vinegar
- 1 teaspoon Dijon mustard
- ½ teaspoon sugar
- 12oz olive oil
- Salt and pepper

**Instructions**

1. Combine the vinegars, mustard, salt, pepper, and sugar in a small bowl.
2. Gradually whisk in the oil a little at a time until the dressing is emulsified.
3. In a larger bowl, add the spinach, avocado, and grapefruit segments. Drizzle the balsamic dressing and toss. Season with salt and pepper.