

SPRING 2021



# You're Gonna *Love* LANE



## Message from CEO

Exciting times are ahead as Lane continues to invest in the community.

It has been just over a year since the COVID-19 pandemic changed everyone's lives in so many ways. Our team responded with innovation, courage, and teamwork to care for more than 550 COVID-19 patients, perform more than 13,500 COVID-19 tests, and administer more than 4,000 COVID-19 vaccines.

We are pleased to announce our upcoming \$50M expansion project to bring the community an updated facility focused entirely on patient-centered care. We hired a project management firm to oversee demolition of existing buildings as well as construction of the new four-story patient tower and interior renovations. Architects have been on site to determine equipment needs and discuss layout, flow, and design. Groundbreaking for this four-year project is slated for summer 2022 with the new 4-story tower to be completed in spring 2024.

We recently welcomed a second physician, Dr. Lacey Clark, to Lane Pediatrics, and physician recruitment efforts are underway to further expand Lane Gastroenterology, Lane OB/GYN and Lane Family Practice clinics.

As we move forward with our vision for the future of Lane, we thank you for your continued support and trust.

Kindest Regards,

*Larry Meese*

Larry Meese

## IN THIS ISSUE

- Welcome To Lane
- MVP of the Year
- 2021 Medical Staff Officers
- Begin Your Career at Lane
- Lane Outpatient Therapy
- Lane Expansion Update
- New Technology at CIS
- HazMat and HazWoper Physicals
- Scrapbook
- Doing Our Part Fighting COVID



Lane Regional  
Medical Center

Care You Can Count On



# WELCOME TO LANE



**Michael Devall, CPA**  
Chief Financial Officer

Michael is responsible for overseeing all senior executive financial functions, including operational and strategic planning. His focus is on quality with an emphasis on execution, accuracy, and teamwork in a positive environment. He has more than 14 years of experience in financial management.

*"I look forward to creating long-lasting relationships in Zachary and contributing to the future growth and expansion of Lane."*



**Kris Fryoux, RN, BSN**  
Telemetry & Medical/Surgical Unit Director

Kris is responsible for coordinating all aspects of nursing care for the units according to accreditation and professional standards, including patient satisfaction, quality assurance, staffing, and physician relations. She has more than 31 years of health care experience, including case management and nursing care on burn, intensive care, and inpatient rehabilitative units.

*"I am very enthusiastic about my future with Lane and hope to build upon the already strong foundation established before me. Lane is a place where people can connect, care about each other, and work together as a team for the betterment of our patients."*



**Dr. Lacey Clark, D.O.**

Dr. Lacey Clark joins Dr. Jacob LeBas at Lane Pediatrics. Dr. Clark is here to help you with the most important job in life – raising your children and keeping them healthy.

Services for newborns, toddlers, children, and teens include:

- Osteopathic Manipulative Therapy
- Well-baby exams
- Preventive checkups
- Immunizations
- School and sports physicals
- Developmental screenings
- Primary care services
- Flu shots

**Dr. Clark is now accepting new patients. To schedule an appointment, please call 225-658-4070. Same day appointments are available.**

Lane Pediatrics • 6110 Main St., Suite B • Zachary, LA

*"It is a privilege to care for your children and provide quality, outstanding care to help them stay healthy and happy."*

*"I value the trust you place in me and look forward to getting to know and grow with your family."*

## Highlights

- Board eligible in Pediatrics
- Received Doctorate degree in Osteopathic Medicine from Kentucky College of Osteopathic Medicine in Pikeville, Kentucky
- Completed residency in Pediatrics and received Resident Doctor of the Year award at Our Lady of the Lake Regional Medical Center in Baton Rouge, Louisiana



**Deborah Johnson, M.D.**

Dr. Johnson is here to help you fight cancer with early diagnosis and treatment, including chemotherapy, immunotherapy, and radiation treatments.

Specializing in Hematology and Oncology, Dr. Johnson diagnoses and treats blood disorders, as well as disorders related to bone marrow and the lymphatic system, and cancers including leukemia and lymphoma.

Beating cancer takes more than hope, it takes a team and facility where patients have a fighting chance.

**Dr. Johnson is now accepting new patients. For an appointment, please call 225-658-4400.**

Lane Cancer Center • 6180 Main St., Suite A • Zachary, LA

*"Our goal is to help our patients become cancer survivors. When they ring the bell for their last chemo treatment, we celebrate their success, because we know how hard they've fought."*

## Highlights

- Received medical degree from Louisiana State University School of Medicine in Shreveport
- Completed residency and Fellowship in Hematology/Oncology at Louisiana State University Health Science Center in Shreveport
- Recipient of the Spirit of Home Award from the American Cancer Society



# Dana Bellefontaine Named MVP of the Year

Dana Bellefontaine, Infection Preventionist and Employee Health Coordinator, was named Lane Regional Medical Center's 2020 MVP of the Year. She was recognized for her dedication and tireless efforts during the COVID-19 infection control response at the hospital and clinics.

Dana has worked at Lane for more than 31 years. She received a Bachelor of Science in medical technology from Louisiana Tech, as well as a Bachelor of Secondary Science in education from LSU.

Dana began her career at Lane as a general medical technologist in the Lab, then moved into microbiology as the lead technologist. After 19 years, she moved into the Quality Resources department in her current role. She is certified in MT, CLSC, and CIC.



*"It is such an honor to be recognized as MVP of the Year," says Dana. "It was so unexpected, especially considering the talents of all the other nominees."*

*I couldn't do my job without help from my Lane family, especially during this past year as we navigated through COVID and the impact it had on us as individuals and on the hospital overall.*

*I love my job. I love my co-workers, and I love Lane. Working in a smaller hospital and knowing everyone you work with makes it feel like home away from home."*



## Lane's 2020 MVP of the Year Nominees:

L-R: Natasha Barnes, Kobi Lafleur, Beverly Ball, Dana Bellefontaine, Miriam Everett, Brian Barron, and Portland Coleman. Not pictured: Trynette Ambeau

*Congratulations to all!*

# Medical Staff Officers for 2021

Lane's Medical Executive Committee Officers for 2021 are:



**Jess Anderson, MD,**  
Chief of Staff



**Frank Sanfiel, MD,**  
Vice Chief of Staff



**Krunal Patel, MD,**  
Secretary/Treasurer



**Charles Thompson, MD,**  
Representative to the Board

# Bell Ringer



**Glenda Wilson,**  
age 63, recently completed her treatment for small cell lung cancer at Lane Cancer Center. Congratulations Glenda!

# At Lane, we take care of our Nurses



**BEGIN YOUR CAREER  
AT LANE TODAY,**

# APPLY NOW!

## RN/LPN Benefits

**Competitive Nurse/Patient Ratios**  
**Competitive Wages & Benefits**

Differentials:	<u>RN</u>	<u>LPN</u>
Weekend.....	+ \$5.00/hr	-3.00
11-7.....	+ \$5.00/hr	-2.50
3-11.....	+ \$4.00/hr	-1.50
House Supervisor.....	+ \$2.50/hr	
Charge Nurse.....	+ \$1.25/hr	-0.75
National Certification.....	+ \$0.50/hr	
Clinical Ladder .....	+ \$1.50/hr	-0.75

**Shift Premium Pay and Crisis Shift Incentives:** Paid for specific shift openings.

**Nursing PRN Incentives:** Increase of 20% to base pay, requires a minimum of 48 hours worked in a 4 week period with at least 12 hours on a weekend.

**Weekend Option Program:** Fri, Sat & Sun, day or night/12 hour shifts, minimum of 46 weekends per year. FT benefits apply, PTO is accrued.

**Education Loan Reimbursements:** \$8,000 for Associate Degree or Bachelor of Science Nursing; \$12,000 for Master of Science Nursing (upon approval).

**Commitment Buyouts from Another Facility:** Up to \$5,000 (upon approval).

**Tuition Reimbursements:** (After 12 months of continuous service)

- **Full time** - Up to 6 credit hours of coursework per semester or 18 credit hours per year, at \$100 per credit hour for Bachelors and \$200 per credit hour for Masters.
- **Part time** - Up to 3 credit hours of coursework per semester or 9 credit hours per year, at \$100 per credit hour for Bachelors and \$200 per credit hour for Masters.

## Internal & External Education Opportunities, and Free CEU Credits:

Attendance at nursing conferences is supported, as well as payment for successful completion of approved national certifications. Free onsite classes and online CEU credits available.

**Clinical Ladder Program:** Designed to recognize and reward nurses for the knowledge, performance and experience in their chosen field of practice, beyond routine job performance.

## Service Awards/Recognition

**Part time CNA, Unit Clerk & Nurse Tech Positions Available**

**Nurse Tech Internship Program for Students:** Must be within 12 months of graduation to participate.



**Lane Regional  
Medical Center**

Care You Can Count On

6300 Main Street | Zachary, LA 70791 | 225-658-4263 | LaneRMC.org

**To apply for a nursing position, visit  
LaneRMC.org/careers**



# Experience Makes a Difference at Lane Outpatient Therapy

Lane Outpatient Therapy is a team of established professionals providing a wide array of services tailored to the individual needs of our patients.

The majority of our sessions are one-on-one with an experienced licensed therapist, ensuring consistent, skilled intervention to reach goals more quickly.

We are proud to be part of the community and are committed to providing each patient with an exceptional experience that promotes healing and recovery in a safe, compassionate environment.

**Our therapists utilize the latest techniques and equipment to provide personalized care for a variety of diagnoses, including:**

- Amputation
- Arthritis
- Back pain
- Balance disorders
- Brain injury
- Cancer recovery
- COPD/Pneumonia
- Dry Needling
- Endurance deficits
- Fall prevention
- Movement disorders
- Multiple traumas
- Neck pain
- Neurological disorders
- Orthopedic conditions
- Parkinson's
- Post-surgical conditions
- Spinal dysfunction
- Sports-related injuries
- Stroke
- Work injuries

Ask your doctor for a prescription to Lane Outpatient Therapy today and experience the difference that advanced clinical training and clear communication can make in your recovery!

**Call 658-4578 for more details or help with a physician referral.**

## FAQs

**Q Do I need a doctor's prescription for physical therapy?**  
Yes.

**Q Is outpatient therapy covered by insurance?**  
Physical therapy, speech therapy, and occupational therapy are covered by most insurance providers. As a courtesy to our patients, we verify your benefits and bill your insurance at the time of service.

**Q How many times will I see my therapist?**  
That varies, depending on the person and the diagnosis. Your therapist will give you a plan of treatment during your initial evaluation. We strive to partner with our patients to help you get better as quickly as possible.

**Q Can I do any exercises at home?**  
Yes, in fact it is encouraged! After meeting with your therapist, there will be a plan of care made to help you manage/decrease your symptoms and return to the things you love. During the sessions, a home program will be established so you can continue to improve in between treatment sessions. Our therapists are here to help you become more independent in your healing and are easy to reach if you have any questions about your home program.

**Q What happens during my therapy sessions?**  
During your initial evaluation, your therapist listens to your concerns and performs a thorough exam. The first session is a mix of talking, assessment, treatment, and establishing your home therapy program. Following sessions include hands-on treatment to improve symptoms as well as activities to reeducate your body. Each session is focused on you and your goals!

**Q Do you have any special training or certifications?**  
All of our therapists are highly experienced and educated. Each therapist has unique specialties and training, such as orthopedics, manual therapy, TMJ, dry needling, functional communication, swallowing, resistive breathing treatment, adaptive living and motor coordination.



With more than 139 years of combined experience, the dedicated professionals at Lane Outpatient Therapy look forward to providing you with exceptional care delivered with kindness. L-R: Kylie Brashier, Program Coordinator, Scott Baudouin, PTA, Lacey Uveges, PT, DPT, MTC, Renee Cupstid, MDD, CCC, SLP, Kim Anderson, PT, DPT; Tole Phan, LOTR, Cherie Naquin, MDD, CCC, SLP, Amber Thierry, PTA, and Courtney Beard, Clinic Coordinator.



# EXPANDING Laneability

# EXPANSION UPDATE



L-R: Staci Sullivan, Gaynell Young, Michael Devall, Larry Meese, Roy Holleman, Tony Matlock, Morgan Washington, and David Beck.

In February 2019, Lane's Board of Commissioners held a strategic planning meeting to approve a \$50M expansion project in support of its vision to become one of the best community healthcare systems in the nation.

Today, with financial support from the United States Department of Agriculture (USDA), a four-year hospital expansion project is underway and will give Lane an updated facility focused entirely on patient-centered care.

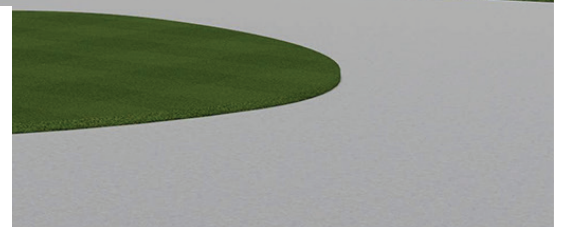
## Major changes to the hospital include:

- ▶ New four-story tower to house state-of-the-art Surgery Department at double its current size, featuring larger surgery suites and outpatient surgery areas
- ▶ 48 expansive new patient rooms
- ▶ Relocation of patient Registration and Pre-Admission to the front entrance to streamline patient flow
- ▶ Expanded Lab and Imaging areas
- ▶ Modernized front entrance





# Expansion Project Underway at Lane



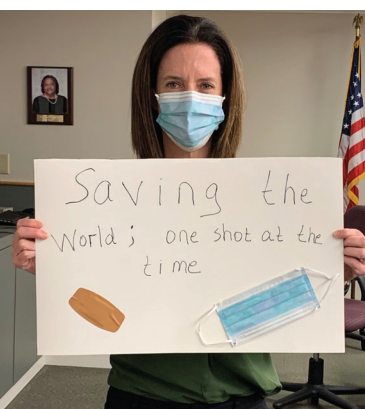
**Groundbreaking for the first four-story building in Zachary is slated for the summer of 2022.**

The firm of  
Johnson Johnson Crabtree  
Architects  
was hired to oversee the  
project which is currently in  
Phase 1, a 12-month design  
process with input from  
department leaders, team  
members, and physicians.

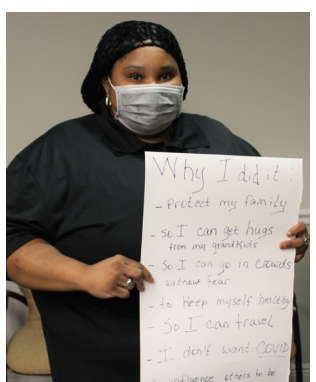




# DOING OUR PART TO BEAT COVID-19



As of April 2021,  
Lane has cared  
for more than  
**550 COVID-19**  
patients,  
performed more than  
**13,500 COVID** tests,  
and administered  
more than  
**4,000 COVID**  
vaccines.





# HazMat and HazWoper Physicals NOW OFFERED



**FASTLane After-Hours Urgent Care and Occupational Medicine Clinic now offers both HazMat and HazWoper physicals for employees that are exposed to hazardous chemicals.**

“HazMat” stands for Hazardous Materials and “HazWoper” stands for Hazardous Waste Operations and Emergency Response. OSHA requires employees that are exposed to hazardous chemicals to have an annual hazardous waste physical for monitoring of exposure to hazardous materials.

These new physicals are in addition to DOT, fit for duty, pre-employment, and retirement physicals, as well as other occupational medicine services provided by FASTLane such as pulmonary function, hair, oral fluid, breath alcohol, audiogram, vision, and respirator fit tests.

**HazMat and HazWoper physicals are scheduled by appointment only, Mon – Fri, 7am–2pm, by calling 658-4465.**

**FASTLane is located at 19900 Old Scenic Highway in Zachary.**



**Both Lane Family Practice and FASTLane After Hours Walk-in Clinic offer COVID-19 testing.**

• If you have COVID-like symptoms, a rapid test will be done with results in 24 hours or less. If you need a negative COVID test to travel, or have been exposed to someone with COVID-19, a standard test will be done with results available in 2-4 days.

• To schedule an appointment at Lane Family Practice, call 654-3607. Walk-ins are always welcome at FastLane, however, we ask that symptomatic COVID patients wait in your car and call the office upon arrival for instructions at 570-2618.

• **For information on vaccine availability, please visit [LaneRMC.org](https://LaneRMC.org)**

# Scrapbook

## Endoscopy Team



Meet Lane's exceptional Endoscopy staff:  
Jason Gwyn RN,  
Kathleen Parnell RN,  
Rose Stanley ET,  
Mary Davis ET,  
Melinda Shelton RN,  
Alicia Corlew RN,  
Sasha Landry RN,  
Shelby Roark RN,  
Jackie Harris RN, and  
Russell Arceneaux RN.

**? Did you know** that colon cancer is the number one PREVENTABLE cancer? It is recommended that at age 50 people start doing regular colonoscopies as part of wellness and screening.

Recommendations may be different for those with a positive family history of colon cancer (positive being mother, father, brother, sister). Most insurance covers screening colonoscopies at 100%. Please encourage friends and family to schedule their colonoscopy if they are 50+ by calling Lane Gastroenterology at 658-6780.



## Green Lemonade?

Thank you to Zachary Raising Canes for adding some fun to St. Patrick's Day. The green lemonade was a hit!



## Thanks for All You Do!

At Lane, we have the best social workers. We appreciate you Heather Anders, Florence Scarle, Tamara Dayton, and Keri Walters.

As practitioners, social workers are trained to help people address personal and systemic barriers to optimal living. They are employed to effect positive change with individuals, families, groups, and entire communities.



## Free Meals for Staff

Our community is the best! Thanks to the City of Zachary staff, Zachary Police, & Zachary Fire Department who prepared fried fish for the day shift. And, thanks again to local restaurant owner Kevin Williams with Zachary 1st Quarter who prepared delicious meals for the night crew. WE ARE SO GRATEFUL FOR THE LOVE AND SUPPORT shown for our staff at Lane!!!



## Food and Nutrition Experts

Lane's Registered Dietitians are essential to our patients. They use their nutrition expertise to help individuals make unique, positive lifestyle changes on a daily basis.

Get to know Lane's dietitians. Melissa Acosta, Melissa Landry, Babette Myers, and Terri Nelson bring smiles wherever they go!





# Everybody Loves Cookies!

Shout out to the First Baptist Zachary Student Ministry youth group who made delicious cookies for our staff and decorated them so beautifully! They even decorated the boxes the cookies were delivered in. Everyone loved them. Thank you so much!



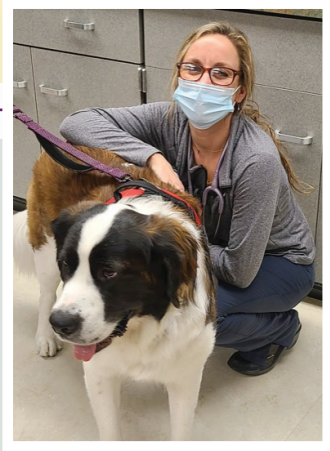
# Go Red Day

The team at Lane Cardiovascular Center, along with other departments, celebrated Go Red for Women as part of American Heart Month.



# Indie the Service Dog

Lots of smiles and even some tears were shed as our staff enjoyed the love brought to us by Indie the beautiful therapy service dog. We are grateful to EMS and Indie's handler Nick for stopping by and sharing Indie with our team members during these stressful times!!!





# NEW TECHNOLOGY at Cardiovascular Institute of the South

## Bioconvertible Filter Prevents Pulmonary Embolism



Dr. Deepak Thekkoot was the first to use a new Inferior Vena Cava (IVC) filter to protect against pulmonary embolism. The benefit of this new filter is it is bioconvertible, meaning it filters for 60 days then an absorbent filament opens up to leave an unobstructed lumen and eliminating the need for a retrieval procedure.

Pulmonary embolism is a condition in which one or more arteries in the lungs become blocked by a blood clot. The use of IVC filters is commonly used in patients with contraindications to anticoagulation therapy—for example, those who have been injured or who are at high risk of bleeding, or patients with a high risk of embolism occurrence.



***“We are proud to offer these new advanced treatments for our patients,” said Dr. Thekkoot. “They are effective and eliminate certain risks, which ultimately means better care and outcomes for our patients.”***

## Sonic Pressure Waves Treat Blockages In The Legs



Dr. Nayan Agarwal was the first to use a new lithotripsy balloon to treat peripheral artery disease (PAD), a condition where plaque builds in the arteries of the legs and leads to blockage.

Lithotripsy is an innovative advanced technology that uses sonic pressure waves to break up hardened calcium buildups so that blockages can be removed and blood flow can be restored.

PAD affects more than 12 million people in the United States by preventing blood flow to the legs and feet, causing significant pain and limited mobility, and potentially leading to surgery or even amputation in severe cases. Symptoms of PAD in the legs include: pain or cramping after activity, numbness, coldness, sores or ulcers that won't heal, discoloration, hair loss, shiny skin or a weak pulse.



## Cardiac PET Scan Brings Enhanced Imaging

Cardiovascular Institute of the South (CIS) is the first in the Baton Rouge region to offer cardiac positron emission tomography (PET) scanning at the CIS Zachary clinic. Ms. Queenola Brooks was the first patient to have the cardiac PET scan at CIS.

This advanced cardiac testing offers clearer and sharper imaging to allow physicians an improved tool for accurate patient diagnosis and the selection of the most appropriate treatment options.

### Other benefits of Cardiac PET scan include:

- Faster than a traditional nuclear scan
- Decreased radiation exposure
- Increased sensitivity to limited blood flow
- Increased sensitivity for those with large body mass
- Less interference from soft tissue



L-R: Dr. Deepak Thekkoot, Patient Queenola Brooks, Dr. Charles Thompson, Ashton Canella,, JP Fontenot, and Tyra LeBoeuf.

**To schedule an appointment at CIS in Zachary, please call 654-1559 • 6550 Main St., Suite 200**

A publication of



# Lane Regional Medical Center

Care You Can Count On

Lane Regional Medical Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Lane Regional Medical Center cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Lane Regional Medical Center respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap.

6300 Main Street | Zachary, LA 70791 | 225-658-4000 | LaneRMC.org



facebook.com/LaneRMC