

# High Performance Team Coaching



**ERICKSON**  
INTERNATIONAL

Leading since 1980

## Coach Teams to Effectively Work & Grow



*Offered as a 3-day course on-site or 8 weeks online*

High Performance Team Coaching is a course for coaches who want to work effectively with teams. You will learn frameworks, tools, and methods based on Erickson's Solution-Focused coaching model and principles, both for online and on-site team coaching.

You will be able to apply these in a self-sustaining and practical way that fosters overall team productivity and communication.

Facilitate shifting the mindset of team members from competitiveness towards engagement, curiosity, and mutual trust. Improve the team's creative thinking abilities to develop long-term vision and goals. Manage projects more effectively aligned with your organization's purpose and values.

### Online Coaching Skills and Mindset:

In today's world, working with online teams is the new normal. This freshly redesigned online program is focused on how to make the best use of online tools, technology and platforms. Learn how virtual whiteboarding and brainstorming with digital sticky notes can bring a team together. At the very same time, engage like a high performing on-site team.

### By taking the High Performance Team Coaching program, you will be able to:

- Facilitate team alignment and trust
- Leverage team effectiveness
- Create team charters with mission, vision
- Develop flexibility and foster team bonding
- Apply visual thinking systems and tools
- Work with the systemic nature of teams
- Enhance co-creative relationships

### Who is it for?

This course is for coaches wanting to develop effective frameworks to work with teams both virtual and on-site. It is also ideal for internal organizational coaches wanting to contribute to a productive working environment by fostering strong teams.

### Continuing Education Credits for Coaches

*This course is recognized by the International Coach Federation (ICF) as a course supplying a total of 14 Continuing Coaching Education Units (CCEU).*

For more details call 1-800-665-6949 or visit online: [erickson.edu/high-performance-team-coaching](http://erickson.edu/high-performance-team-coaching)

[erickson.edu](http://erickson.edu)

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**CCE**  
ICF CONTINUING  
COACH EDUCATION

# High Performance Team Coaching

## Program Curriculum

The High Performance Team Coaching program curriculum is divided into eight sessions:

### **Coming Together as a Team (Session 1-2-3)**

Learn how to engage team members and elicit their unique skills and talents. Use a variety of team methods to develop a 'team mind'. Based on your organization's overall purpose define with the team its principles and values that form the underlying basis for working together. Explore aspects of team effectiveness that help create key structures and promote decision-making abilities. Practice how to appreciate team members' contributions, skills and talents.

### **The High Performing Team (Session 4-5-6)**

By understanding how some of our key brain systems function, it will become apparent that team bonding and visioning can actively be developed. Support the team in expanding their ways of creative thinking within different contexts, moving from ideas to actions. Create effective meeting structures, develop team dialogue to sharpen goal setting.

### **Sustaining Team Collaboration (Session 7-8)**

Measure and track team progress and find opportunities to improve collaboration. Apply brainstorming tools to support creating action steps and accountability with team members. Gain skills in supporting the team to resolve conflict situations. Learn how to recognize working with a variety of personality traits, styles and mindsets that impact team dynamics.