



**ERICKSON**

INTERNATIONAL

Leading since 1980

# High Performance Team Coaching



Coach your teams to elevated performance & growth

*Offered as a 3-day course on-site or 8 weeks online*

High Performance Team Coaching is a course for leaders who want to work effectively with teams. You will learn frameworks, tools, and methods based on Erickson's Solution-Focused coaching model and principles, both for online and on-site team coaching.

You will be able to apply these in a self-sustaining and practical way that fosters overall team productivity and communication.

Facilitate shifting the mindset of team members from competitiveness towards engagement, curiosity, and mutual trust. Improve the team's creative thinking abilities to develop long-term vision and goals. Manage projects more effectively aligned with your organization's purpose and values.



**CCE**

ICF CONTINUING  
COACH EDUCATION

**ICF**

**By taking the High Performance Team Coaching program, you will be able to:**

- Facilitate team alignment and trust
- Accelerate team effectiveness
- Support team charters for communication and outcomes
- Build team resilience
- Apply visual thinking systems and tools for breakthrough team workshops
- Understand and leverage the systemic nature of teams
- Enhance co-creative relationships

## Who is it for?

This is a course for any organizational leader who works with teams to deliver high impact, high pressure projects or programs. You will be looking to find simple, innovative tools, structures and frameworks that develop team effectiveness and enhance team output. You want to develop new skills in the virtual space to support your team, and create a responsive, dynamic and resilient team culture.

## Continuing Education Credits for Coaches

*This course is recognized by the International Coach Federation (ICF) as a course supplying a total of 14 Continuing Coaching Education Units (CCEU).*

For more details call 1-800-665-6949 or visit online: [erickson.edu/high-performance-team-coaching-for-leaders](http://erickson.edu/high-performance-team-coaching-for-leaders)

[erickson.edu](http://erickson.edu)

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# High Performance Online Team Coaching

## Program Curriculum

The High Performance Team Coaching program curriculum is divided into eight sessions:

### Coming Together as a Team (Session 1-2-3)

Learn how to engage team members and elicit their unique skills and talents. Use a variety of team methods to develop a 'team mind'. Based on your organization's overall purpose define with the team its principles and values that form the underlying basis for working together. Explore aspects of team effectiveness that help create key structures and promote decision-making abilities. Practice how to appreciate team members' contributions, skills and talents.

### The High Performing Team (Session 4-5-6)

By understanding how some of our key brain systems function, it will become apparent that team bonding and visioning can actively be developed. Support the team in expanding their ways of creative thinking within different contexts, moving from ideas to actions. Create effective meeting structures, develop team dialogue to sharpen goal setting.

### Sustaining Team Collaboration (Session 7-8)

Measure and track team progress and find opportunities to improve collaboration. Apply brainstorming tools to support creating action steps and accountability with team members. Gain skills in supporting the team to resolve conflict situations. Learn how to recognize working with a variety of personality traits, styles and mindsets that impact team dynamics.