

FOR IMMEDIATE RELEASE
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South Bay Bible Church Announces New Sermon Series “Overcome Your Worst Enemy – YOU: Achieving Your Greatest Potential”

Starting Sunday, January 17, South Bay Bible Church will begin a new series entitled “Overcome Your Worst Enemy – YOU: Achieving Your Greatest Potential.” Have you ever been your own worst enemy? We all have. We run from what's good for us and pursue things that aren't. It never ends well. So, let's end it! In this three-part series, Pastor Hawley will discuss three things you can do to ensure you overcome your worst enemy – you. Join us to achieve your greatest potential.

EAST MORICHES, NY – Have you ever been your own worst enemy? We all have. We run from what's good for us and pursue things that aren't. It never ends well. So, let's end it! On Sunday, January 17, at 9:00 and 11:00 a.m., **South Bay Bible Church**, 578 Montauk Highway, East Moriches, will begin a new teaching series just in time for the new year, *Overcome Your Worst Enemy – YOU: Achieving Your Greatest Potential*. Join us in person or online at southbaychurchli.org/livestream, Facebook Live, or YouTube.



We all have the potential to be our own worst enemy and make decisions that undermine our relationships, career, finances, and success. It can be truly defeating and debilitating. In these times, we tend to ignore our conscience, talk ourselves into all sorts of destructive thought patterns and behaviors, and fail to listen to wise people around us. How do we stop the cycle?

“Every habit begins with a first time. Every pattern starts with a first line. Every journey starts with a first step. You have potential.” says Martin Hawley, pastor.

In this three-part series, Pastor Hawley will discuss three things you can do to ensure you overcome your worst enemy – you. Join us to achieve your greatest potential.

1. **Pay Attention to the Tension** (1 Samuel 24) – January 17: We all face dilemmas in which circumstances point us in one direction, but our conscience points us in another. At times, we ignore the tug of our consciences and sell ourselves on a questionable decision. King David found himself in such a position, and his example can help us navigate our own dilemmas.
2. **Pay Attention to Your Story** (2 Corinthians 10:3-6; John 14:8-9, 9:5, 3:16; Matthew 7:24; 1 Corinthians 6:19-20) – January 24: We can talk ourselves into anything. Our internal narratives justify our beliefs as well as our actions. But when those narratives are not true, they lead to destructive thoughts and behaviors. We can choose to carry around false but comfortable narratives—or we can look to destroy them.
3. **Pay Attention to the Right People** (1 Kings 11) – January 31: It can be easy to see someone else self-destruct and think to ourselves, “I would never do that.” But truth be told, we’re all capable of ending up where we don’t want to be. Even Solomon's son—the heir to the throne of Israel—blatantly ignored a principle we should all pay close attention to.

As a non-denominational Christian church, South Bay Bible Church was started in 2006 with the mission to lead people into a growing relationship with Jesus Christ. The church is dedicated to creating environments where people are encouraged to pursue intimacy with God, community with insiders, and influence with outsiders. To find out more about South Bay Bible Church and their upcoming events, please visit southbaychurchli.org.

About South Bay Bible Church: South Bay Bible Church is a non-denominational Christian church known for Biblical messages applicable to everyday life. The church meets at 578 Montauk Highway in East Moriches, NY. The church's mission is to lead people into a growing relationship with Jesus Christ. Our service schedule includes three convenient times: Sunday morning at 9:00 and 11:00, and online anytime. A nursery and children's church are available. For more information, go to southbaychurchli.org, call (631) 909-8241, or find us on Facebook or Twitter @sbbcli.

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Note to editor: A full press page with graphics, logos, and videos is available at www.southbaychurchli.org/press. News media are invited to cover "Grace." Please call ahead.

