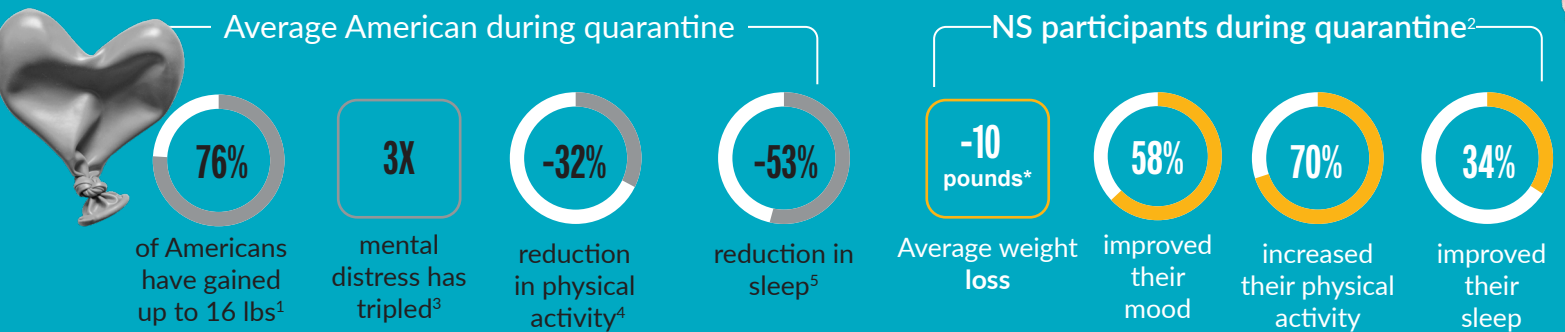


A health improvement program that's quarantine-proof

See the stories behind the stats that prove Naturally Slim® (NS) is the *exception to the rule* during the most unprecedented time in modern history.

While many people feel like they've had to press pause on life, NS participants used their program principles to hit fast forward on their wellness goals. With NS, results aren't only possible—they're probable, even in the midst of a global pandemic. See for yourself.

We followed 40,000+ NS participants who started the program between February and June of 2020. Here's what we found:



*Average weight loss for NS participants that completed week 17 of the program between February and June 2020

“ I lost 15 pounds over the quarantine. When it began, I knew I needed to be careful as I'm an emotional eater, and these are stressful times. I decided to be diligent about following the NS principles, while stuck at home, I lost the 10 pounds I'd let creep back on over the last few years, plus another 5 that I'd never lost before. Feeling great!”

Bryan, NS Participant,
lost 15 lbs



“ Since starting back in February, I've lost over 50 pounds. Even better, NS will help me keep it off.

Brent, NS Participant,
lost 50 lbs



“ I started the program early enough that the “stay at home order” did not affect my progress. I have been able to maintain my 68 pound weight loss.

Janice, NS Participant,
lost 68 lbs



“

I love this program. I'm in week 40. I've lost about 35 pounds. I still have about 10 more to go, according to the goals I've set, but I know I can do it! Eat slow, and stop eating when you're full. I have to remind myself every time I eat! But it's worth it!

Julie, NS Participant,
lost 35 lbs



“

I cannot say enough good things about this program! 20 lbs gone from my life in 20 weeks! And still more to come. This program has completely changed the way I view food and weight loss. The best part is that I feel like I am equipped with the skills to keep the weight off for good. Highly recommend it!

Aimee, NS Participant,
lost 20 lbs



“

It works! 7 weeks and I am down 22 pounds! Woohoo! 22 and counting!" - Clark, NS Participant

“

I have lost 50 pounds since mid-February despite COVID! So excited..." - Julie, NS Participant

ABOUT NS

Already NS participant? Log in to www.naturallyslim.com/login from your smartphone or computer to watch this week's lessons.

Not an NS participant yet? Sign up now for just \$1/day at www.naturallyslim.com/sign-up

Learn more: go.naturallyslim.com/betheexception

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