



International Health, Racquet & Sportsclub Association

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**\* Note:** Mask requirements vary greatly by locality. Please consult your state and local regulations on mask requirements

Last Updated 5/19/21

State	Guidance Link	Capacity (Facility)	Capacity (Group Exercise)	Social Distancing	Equipment Spacing	Statewide Requirement	Screening	Air Ventilation	Cleaning (Products for Consumers)	Cleaning (Facilities, bathrooms, lockers, etc.)	Cleaning (Equipment)	Contact Tracing	Locker Rooms	Pools
Alabama		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Alaska		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Arizona	<a href="https://www.azdhs.gov">https://www.azdhs.gov</a>	N/A	Must maintain 6ft of distancing	6ft	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Arkansas	<a href="https://arkansasread">https://arkansasread</a>	N/A	Must maintain 6ft of distancing	6ft	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	<a href="#">See guidance</a>
California	<a href="https://files.covid19.ca">https://files.covid19.ca</a>	Variable based on severity of outbreak, see guidance	Must maintain 6ft of distancing	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing	Yes	Temperature checks and symptom screening at door	Maximize air circulation, consider installing air purifiers	Provide additional soap, paper towels, and hand sanitizer when needed.	Create and post a cleaning schedule for the restroom facilities and locker rooms	Frequently disinfect commonly used surfaces, including equipment	Maintain log for contact tracing	Maintain physical distancing while in locker rooms.	Can open
Colorado	<a href="https://covid19.color">https://covid19.color</a>	Variable based on severity of outbreak, see guidance	Variable based on severity of outbreak, see guidance	6ft	N/A	No	Consider screening participants for fever, symptoms, or exposures before or at their arrival	Maximize air circulation	Make hand sanitizer available	Disinfect bathrooms and high-touch surfaces every hour	Ensure all equipment is cleaned and disinfected in between each use.	Maintain log for contact tracing	Maintain physical distancing while in locker rooms.	Recommended to limit to lap swimming
Connecticut		N/A	N/A	N/A	N/A	Yes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Delaware	<a href="https://business.dela">https://business.dela</a>		50% 15 participants	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing	Yes	Screen employees daily	N/A	Make hand sanitizer available	Showers/locker rooms must be disinfected at the beginning or end of service day, and at least once in the middle of the open hours.	Employees must regularly clean all equipment, and customers must wipe down equipment after each use	Maintain log for contact tracing	N/A	<a href="#">See guidance</a>
Florida		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Georgia		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Hawaii		No statewide guidance for gyms, please consult local regulations				Yes								
Idaho		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Illinois	<a href="https://dceoresource">https://dceoresource</a>		50% Maximum 50 participants. Must maintain 6ft of distancing	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing (3ft with barriers)	Yes	Consider screening participants for fever, symptoms, or exposures before or at their arrival	Maximize air circulation	Make hand sanitizer available	Clean and disinfect common areas frequently; every hour recommended for high-traffic areas	Members should clean and sanitize equipment before and after use	Maintain log for contact tracing	Locker rooms and showers should be configured with signage, tape, and other markings to ensure members can maintain 6-ft. of social distance	N/A
Indiana	<a href="https://backontrack.i">https://backontrack.i</a>	Variable based on severity of outbreak, see guidance	Must maintain 6ft of distancing	6ft	One machine should be empty between guests when possible	No	Administer quick verbal health check at gym or facility entry	N/A	Provide sanitizing supplies near all equipment and exercising areas	Disinfect high-contact surfaces regularly	Ensure guests clean equipment after each use	N/A	N/A	<a href="#">See guidance</a>
Iowa		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Kansas		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Kentucky	<a href="https://chfs.ky.gov/ac">https://chfs.ky.gov/ac</a>		50% Must maintain 6ft of distancing	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing	Yes	N/A	Maximize air circulation	Make hand sanitizer available	Ensure cleaning and sanitation of frequently touched surfaces with appropriate disinfectants	Ensure guests clean equipment after each use	Maintain log for contact tracing	Ensure restrooms and frequently touched surfaces are appropriately disinfected after each use	<a href="#">See guidance</a>







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Utah		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Vermont	By July 4, all business restrictions in the state will become recommendations. <a href="https://accd.vermont.gov">https://accd.vermont.gov</a>	N/A	N/A	6ft	Arrange all equipment so exercise areas are spaced out at least 6 feet apart	Yes	Screen customers for symptoms before entry	N/A	N/A	Deep cleaning of all equipment by cleaning crew each night	All members must clean equipment before and after every use	Maintain log for contact tracing	N/A	N/A
Virginia	The state will ease capacity and social distancing restrictions beginning on May 28. <a href="https://www.governor.virginia.gov/media/governor-virginiagov/governor-of-virginia/pdf/4-20-21-Forward-Virginia-Guidelines.pdf">https://www.governor.virginia.gov/media/governor-virginiagov/governor-of-virginia/pdf/4-20-21-Forward-Virginia-Guidelines.pdf</a>		75%	Maintain 10ft of distance	10ft	Yes	Screen customers for symptoms before entry	N/A	Promote frequent and thorough hand washing	Practice routine cleaning and disinfection. Surfaces frequently touched by multiple people should be cleaned and disinfected at least daily	Equipment should be cleaned and disinfected before each use	N/A	N/A	<a href="#">See guidance (page 23)</a>
Washington	All restrictions will be lifted by June 30, or once 70 percent of residents 16 and older have received at least one vaccine dose. <a href="https://www.governor.gov">https://www.governor.gov</a>		50%	50%	6ft	Yes	Screen customers for symptoms before entry	Keep doors and windows open where possible and utilize fans to improve ventilation. Use MERV-13 filter if possible	Soap and running water shall be abundantly provided for frequent handwashing.	Ensure restrooms are frequently cleaned and appropriately disinfected throughout the day	Equipment will be sanitized immediately after each use	Maintain log for contact tracing	N/A	<a href="#">See guidance</a>
West Virginia	Governor Justice announced the state will keep the statewide mask mandate in place for those who are not fully vaccinated through June 20.	N/A	N/A	N/A	N/A	Yes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Wisconsin	<a href="https://wedc.org/wp-">https://wedc.org/wp-</a>	N/A		Limit capacity to ensure 6ft of distancing	6ft	No	Screen customers for symptoms before entry	Clean HVAC intakes and returns daily	Maintain an adequate supply of paper towels, soap and hand sanitizer	Increase cleaning frequency for restrooms, showers and locker rooms	Provide materials for members to wipe/disinfect equipment before and after exercise	Maintain log for contact tracing	Only allow shower and locker room use if partitions are in place or signs have been posted to specify physical distancing requirements.	<a href="#">See guidance</a>
Wyoming		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Washington DC	Restrictions on most businesses will be lifted on May 21. <a href="https://coronavirus.d">https://coronavirus.d</a>	Limit to ensure social distancing	Limit to ensure social distancing	10ft	Arrange all equipment so exercise areas are spaced out at least 10 feet apart	Yes	Screen customers for symptoms before entry	Increase circulation of outdoor air as much as possible by opening windows or exterior doors	Handwashing stations or hand sanitizer must be available for all patrons	Clean and disinfect high-touch surfaces regularly	Ensure that cleaning and disinfecting of shared equipment occurs after each use	Maintain log for contact tracing	Locker rooms should be closed (except in cases where locker room entry is the only access to the restroom)	Limit capacity to ensure social distancing in pool and on deck