Succ	ESS By Association®			compare a sumr centers across the comparison pu regulations for	nary of reopening United States. Th irposes only. Ple complete and up	ase consult your s to date operation find any of this infe	ms and fitness ould be used for state and local al guidelines.								
State		Guidance Link	Capacity (Facility)	Capacity (Group Exercise)	Social Distancing	Equipment Spacing	Statewide Requirement	Screening	Air Ventilation	Cleaning (Products for Consumers)	Cleaning (Facilities, bathrooms, lockers, etc.)	Cleaning (Equipment)	Contact Tracing	Locker Rooms	Pools
Alabama			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Alaska			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Arizona		https://www.azdhs.g	N/A	Must maintain 6ft of distancing	6ft	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Arkansas		https://arkansasread	N/A	Must maintain 6ft of distancing	6ft	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	See guidance
California	Risk tiers and business restrictions will be lifted June 15 if hospitalization levels are low and vaccine supply is sufficient.	https://files.covid19.0	Variable based on severity of outbreak, see quidance	Must maintain 6ft of distancing	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing	Yes	Temperature checks and symptom screening at door	Maximize air circulation, consider installing air purifiers	Provide additional soap, paper towels, and hand sanitizer when needed.	Create and post a cleaning schedule for the restroom facilities and locker rooms	Frequently disinfect commonly used surfaces, including equipment		Maintain physical distancing while in locker rooms.	
Colorado			Variable based on severity of outbreak, see	Variable based on severity of outbreak, see quidance	6ft	N/A	Νο	Consider screening participants for fever, symptoms, or exposures before or at their arrival	Maximize air circulation	Make hand sanitizer avaliable	Disinfect bathrooms and high-touch surfaces every hour	Ensure all equipment is cleaned and disinfected in between each use.	Maintiain log for	Maintain physical distancing while in locker rooms.	Recommended to limit to lap
Colorado	Governor Lamont removed all COVID	1111ps.//covid 19.color	guidance	guidance	on	IN/A	NO		circulation	available	noui	use.	contact tracing	ITTOCKET TOOMS.	Swimming
Connecticut	business restrictions in the state on May 19.		N/A	N/A	N/A	N/A	Yes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Delaware	Governor Carney announced that the state would lift restrictions on businesses starting May 21. A mask requirement will also be lifted.	https://business.dela	50%	15 particpants	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing	Yes	Screen employees daily	N/A	Make hand sanitizer avaliable	Showers/locker rooms must be disinfected at the beginning or end of service day, and at least once in the middle of the open hours.	equipment, and customers must wipe down	Maintiain log for contact tracing	N/A	See guidance
Florida			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Georgia			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Hawaii		No statewide guidance for gyms, please consult local regulations					Yes								
Idaho		-	N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Illinois	Governor Pritzker announced that the state could move into Phase 5 of reopening, which removes capacity limits beginning June 11.	https://dceoresource		Maximum 50 participants. Must maintain 6ft of distancing	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing (3ft with barriers)	Yes	Consider screening participants for fever, symptoms, or exposures before or at their arrival	Maximize air circulation	Make hand sanitizer avaliable	Clean and disinfect common areas frequently; every hour recommended for high-traffic areas	Members should clean and sanitize equipment	Maintiain log for	Locker rooms and showers should be configured with signage, tape, and other markings to ensure members can	N/A
Indiana			Variable based on severity of outbreak, see quidance	Must maintain 6ft	6ft	One machine should be empty between guests when possible	No	Administer quick verbal health check at gym or facility entry	N/A	Provide sanitizing supplies near all equipment and exercising areas		Ensure guests clean equipment after each use	N/A	N/A	See guidance
lowa			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Kansas			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Kentucky	Governor Bashear announced that all capacity limits and a statewide mask mandate would be lifted on June 11. Starting May 28, businesses will be allowed to operate at 75 percent of capacity.	https://chfs.ky.gov/ag		Must maintain 6ft of distancing	6ft	Arrange equipment or block off from use to ensure appropriate physical distancing	Yes	N/A	Maximize air circulation	Make hand sanitizer avaliable	Ensure cleaning and sanitation of frequently touched surfaces with appropriate disinfectants	Ensure guests clean		Ensure restrooms and frequently touched surfaces are appropriately disinfected after	See guidance

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	ealth, Racquet & Sportsclub Association			Please email gr@ihrsa.org if you find any of this information to be inaccurate or out of date.					Last Updated 5/	Last Updated 5/19/21					
		Guidance Link		Capacity (Group Exercise)			Statewide Requirement	Screening		(Products for Consumers)	bathrooms,		Contact Tracing	Locker Rooms	Pools
tate						Arrange equipment or block off from use to ensure appropriate physical		Screen customers for symptoms		Make hand	lockers, etc.) Ensure cleaning and sanitation of frequently touched surfaces with water and	Ensure guests clean		Limit locker room use such that the 6-foot or distancing can	
	Governor Mills announced that the state would lift indoor capacity limits and physical distancing requirements by May		50% of permitted occupancy or 50 persons,	Must maintain 6 ft of distancing with	6ft		No	Screen customers for symptoms	N/A	avaliable Provide patrons with sufficient cleaning materials, including		Require members to disinfect equipment	contact tracing	be provided Limit locker room use such that the 6-foot	See guidance
faine	24 Governor Hogan lifted all remaining capacity restrictions on indoor and outdoor venues, as well as all remaining restrictions on indoor and outdoor dining,	https://www.maine.g	g greater.	mask	6ft	distancing	Yes	before entry	circulation	wipes.	disinfectants	each use	contact tracing	be provided	recommended
Maryland	starting May 15		N/A	N/A		N/A Arrange all equipment so exercise areas are spaced out at least 14 feet apart. Spacing may be adjusted to at		N/A Screen		Create sanitization stations stocked	Clean commonly touched surfaces in d restrooms frequently and			N/A Limit locker room use such	N/A
Massachusetts		d https://www.mass.gc		Must maintain 6ft 6 of distancing		least 6 feet apart if barriers		customers for symptoms before entry	and doors to increase airflow	sanitizers and disinfecting			t Maintiain log for	that the 6-foot distancing can	See guidance
	Governor Whitmer introduced a plan in April for gradually lifting restrictions based on vaccination rates. Capacity limits for businesses will lift two weeks after 65 percent of eligible residents have been vaccinated, and the gatherings and face mask order will end two weeks after 70 percent of eligible residents have been vaccinated			Limit to ensure 6 social distancing		Arrange equipment or block off from use to ensure appropriate physical dictarcing		Screen customers for symptoms	Ensure ventilation systems operate		Regularly clean d and disinfect r public areas, locker rooms,	equipment, including immediately	Maintiain log for		50% Capacity
	Governor Walz announced that business capacity and social distancing limits will	https://www.michigar	50% or 250 people	Maximum 25 participants, or allow a 6x6ft square per		Ensure ≥6 feet of distancing between equipment; greater distancing should be implemented for treadmills and other aerobic activity that encourages	r	Screen customers for symptoms before entry	Replace and upgrade air filters prior to	readily available Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available	Regularly clean d and disinfect r public areas, locker rooms,	Ensure guests clean equipment after		Limit locker room use such that the 6-foot r distancing can	50% Capacity Limit member based on size of the pool
Mississippi						0		N/A		-			-		N/A
Aissouri			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Montana			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Nebraska		No statewide guidance for gyms, please consult local regulations					No								
	Governor Sisolak ended statewide social distancing requirements on May 1 and turned over authority on mitigation measures to individual counties. Governor Sisolak has set a goal of reopening business capacity to 100 percent in all counties by June 1.			Must maintain 6ft of distancing	6ft	N/A	Yes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Nevada	bereent in all counties by Julie 1.									4	_ <u>_</u>				

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International Hea	alth, Racquet & Sportsclub Association														
State		Guidance Link		Capacity (Group Exercise)		Equipment Spacing	Statewide Requirement	Screening	Air Ventilation	Cleaning (Products for Consumers)	Cleaning (Facilities, bathrooms, lockers, etc.)	Cleaning (Equipment)	Contact Tracing	Locker Rooms	Pools
New Jersey			limit indoor and outdoor capacity to a number that ensures all individuals or groups of people can remain six feet	to a number that ensures all individuals or groups of people can remain six		Arrange all equipment so exercise areas are spaced out at least 6 feet apart		Screen customers for symptoms before entry	Increase outdoor air ventilation	Hand sanitizer and hand washing stations must be made available	Frequently (a minimum of three times	All equipment must be sanitized between uses	Maintiain log for contact tracing		N/A
New Mexico			Variable based	Variable based		Arrange all equipment so exercise areas are spaced out at least 6 feet apart		Screen customers for symptoms before entry	When possible consult with an		Clean locker rooms on an hourly basis, clean high- touch items every two hours.	All equipment must be sanitized	Maintiain log for contact tracing		Limit use of pools to lap swimming only
	Business capacity restrictions removed May 19. Businesses will only be limited by the space available for patrons or parties of patrons to maintain the required social distance of 6 feet.		Must maintain 6ft	Must maintain 6ft		Arrange all equipment so exercise areas are spaced out at least 6 feet		Screen customers for symptoms	Ensure HVAC system meets highest rated filtration possible (minimum MERV-13)	Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant	Regularly clean and disinfect the gym or fitness center and conduct more frequent cleaning and disinfection for high risk areas used by many	Ensure that shared equipment and machines are cleaned and disinfected by employees or patrons between every	Maintiain log for contact tracing	Put in place practices for adequate social distancing in	
	Governor Cooper ended the statewide mask mandate and lifted capacity limits	https://www.governo	of distancing	of distancing	611	apart	Yes	before entry	MERV-13)	readily available	individuais	use	CONTACT IT ACTING	small areas	See guidance
	and social distancing requirements on May 14.		N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
North Carolina North Dakota	May 14.							N/A N/A	N/A N/A	N/A N/A	N/A N/A	N/A N/A	N/A N/A	N/A N/A	N/A N/A
	All health orders and business restrictions will be lifted June 2.		Limit capacity to ensure 6ft of	Limit capacity to ensure 6ft of		Arrange all equipment so exercise areas are spaced out at least 6 feet		Screen customers for	110		Routine disinfection of high-contact	All equipment must be sanitized		Limit locker room use such that the 6-foot	See guidance
Oklahoma						1.00	Yes	symptoms before entry		available	etc.	between uses	-	be provided	
1			N/A	N/A		1.00	Yes		N/A	available N/A	N/A				N/A
	Governor Brown earlier announced that all business restrictions and limits on group sizes would be lifted once 70 percent of residents 16 and older have received at least one vaccine dose.		Variable based on severity of outbreak, see	Limit capacity to ensure 6ft of	N/A	N/A Arrange all equipment so exercise areas are spaced out at least 6 feet	Yes No	before entry			N/A Frequently clean and disinfect work areas, high- traffic areas, and commonly touched	between uses N/A Require employees or facility guests to wipe down all equipment	contact tracing N/A	be provided N/A Limit locker room use such that the 6-foot distancing can	
Oregon	all business restrictions and limits on group sizes would be lifted once 70 percent of residents 16 and older have received at least one vaccine dose. Governor Wolf announced that on May 31 the state will end all the remaining restrictions on businesses and social	https://sharedsystem https://www. governor.pa.	Variable based on severity of outbreak, see r guidance	Limit capacity to ensure 6ft of distancing Limit capacity to ensure 6ft of	N/A 6ft	N/A Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet	Yes No Yes	before entry N/A Screen customers for symptoms	N/A Increase air circulation and ventilation as much as possible by opening windows and	N/A Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available Make hand sanitizer, disinfecting wipes, soap and water, or similar	N/A Frequently clean and disinfect work areas, high- traffic areas, and commonly touched surfaces Frequently clean and disinfect work areas, high- traffic areas, and commonly touched	between uses N/A Require employees or facility guests to wipe down all equipment before and after each use Require employees or facility guests to wipe down all equipment	contact tracing N/A Maintiain log for contact tracing	be provided N/A Limit locker room use such that the 6-foot distancing can be provided	N/A
Oregon Pennsylvania	all business restrictions and limits on group sizes would be lifted once 70 percent of residents 16 and older have received at least one vaccine dose. Governor Wolf announced that on May 31 the state will end all the remaining restrictions on businesses and social gatherings. The mask requirement will be lifted after 70 percent of adults are fully vaccinated. The state will lift capacity limits on all businesses and social gatherings,	https://sharedsystem https://www. governor.pa. gov/covid- 19/business- guidance/	Variable based on severity of outbreak, see r guidance 75%	Limit capacity to ensure 6ft of distancing Limit capacity to ensure 6ft of distancing Limit capacity to ensure 6ft of distancing (14 ft without masks)	N/A 6ft 6ft	N/A Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet apart (14 ft preferred)	Yes No Yes Yes	before entry N/A Screen customers for symptoms before entry N/A Screen customers for symptoms before entry	N/A Increase air circulation and ventilation as much as possible by opening windows and doors N/A N/A Open windows or doors when possible to improve ventilation in indoor spaces	N/A Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available Required to provide hand- sanitizer containing at least 60% alcohol and disposable wipes	N/A Frequently clean and disinfect work areas, high- traffic areas, and commonly touched surfaces Frequently clean and disinfect work areas, high- traffic areas, and commonly touched surfaces High-touch surfaces and shared objects must be cleaned in accordance with the general business guidance document	between uses N/A Require employees or facility guests to wipe down all equipment before and after each use Require employees or facility guests to wipe down all equipment before and after each use No mutual contact on equipment is permitted without thorough sanitation in- between uses.	Contact tracing N/A Maintiain log for contact tracing Maintiain log for contact tracing Maintiain log for contact tracing	be provided N/A Limit locker room use such that the 6-foot distancing can be provided N/A	N/A See guidance
Oregon Pennsylvania	all business restrictions and limits on group sizes would be lifted once 70 percent of residents 16 and older have received at least one vaccine dose. Governor Wolf announced that on May 31 the state will end all the remaining restrictions on businesses and social gatherings. The mask requirement will be lifted after 70 percent of adults are fully vaccinated. The state will lift capacity limits on all businesses and social gatherings, starting May 21.	https://sharedsystem https://www. governor.pa. gov/covid- 19/business- guidance/	Variable based on severity of outbreak, see r guidance 75%	Limit capacity to ensure 6ft of distancing Limit capacity to ensure 6ft of distancing Limit capacity to ensure 6ft of distancing (14 ft without masks)	N/A 6ft 6ft	N/A Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet apart (14 ft preferred) N/A	Yes No Yes Yes	before entry N/A Screen customers for symptoms before entry N/A Screen customers for symptoms	N/A Increase air circulation and ventilation as much as possible by opening windows and doors N/A N/A Open windows or doors when possible to improve ventilation in	N/A Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available Required to provide hand- sanitizer containing at least 60% alcohol and disposable wipes	N/A Frequently clean and disinfect work areas, high- traffic areas, and commonly touched surfaces Frequently clean and disinfect work areas, high- traffic areas, and commonly touched surfaces High-touch surfaces and shared objects must be cleaned in accordance with the general business guidance document	between uses N/A Require employees or facility guests to wipe down all equipment before and after each use Require employees or facility guests to wipe down all equipment before and after each use No mutual contact on equipment is permitted without thorough sanitation in-	Contact tracing N/A Maintiain log for contact tracing Maintiain log for contact tracing Maintiain log for	be provided N/A Limit locker room use such that the 6-foot distancing can be provided N/A	N/A See guidance
Oregon Pennsylvania Rhode Island South Carolina	all business restrictions and limits on group sizes would be lifted once 70 percent of residents 16 and older have received at least one vaccine dose. Governor Wolf announced that on May 31 the state will end all the remaining restrictions on businesses and social gatherings. The mask requirement will be lifted after 70 percent of adults are fully vaccinated. The state will lift capacity limits on all businesses and social gatherings, starting May 21.	https://sharedsystem https://www. governor.pa. gov/covid- 19/business- guidance/ https://reopeningri.co No statewide guidance for gyms, please consult local regulations	Variable based on severity of outbreak, see r guidance 75%	Limit capacity to ensure 6ft of distancing Limit capacity to ensure 6ft of distancing Limit capacity to ensure 6ft of distancing (14 ft without masks) N/A	N/A 6ft 6ft N/A	N/A Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet apart Arrange all equipment so exercise areas are spaced out at least 6 feet apart N/A N/A	Yes No Yes Yes No No	before entry N/A Screen customers for symptoms before entry N/A Screen customers for symptoms before entry	N/A Increase air circulation and ventilation as much as possible by opening windows and doors N/A Open windows or doors when possible to improve ventilation in indoor spaces N/A	N/A Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available Required to provide hand- sanitizer containing at least 60% alcohol and disposable wipes N/A	N/A Frequently clean and disinfect work areas, high- traffic areas, and commonly touched surfaces Frequently clean and disinfect work areas, high- traffic areas, and commonly touched surfaces High-touch surfaces and shared objects must be cleaned in accordance with the general business guidance document N/A	between uses N/A Require employees or facility guests to wipe down all equipment before and after each use Require employees or facility guests to wipe down all equipment before and after each use No mutual contact on equipment is permitted without thorough sanitation in- between uses.	Contact tracing N/A Maintiain log for contact tracing Maintiain log for contact tracing Maintiain log for contact tracing	be provided N/A Limit locker room use such that the 6-foot distancing can be provided N/A	N/A See guidance

	HRSA			compare a sumr centers across the comparison pu regulations for	mary of reopening United States. Th urposes only. Ple complete and up	ease consult your so to date operations	rms and fitness ould be used for state and local nal guidelines.			quirements vary g /our state and loca ents					
	ess By Association® alth, Racquet & Sportsclub Association		Please email gr	@ihrsa.org if you inaccurate or	find any of this info r out of date.	ormation to be		Last Updated 5/19/21							
State		Guidance Link	Capacity (Facility)	Capacity (Group Exercise)	Social Distancing	Equipment Spacing	Statewide Requirement	Screening	Air Ventilation	Cleaning (Products for Consumers)	Cleaning (Facilities, bathrooms, lockers, etc.)	Cleaning (Equipment)	Contact Tracing	Locker Rooms	Pools
Utah			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	By July 4, all business restrictions in the state will become recommendations.	https://accd.vermont		N/A	6ft	Arrange all equipment so exercise areas are spaced out at least 6 feet apart		Screen customers for symptoms before entry	N/A	N/A	Deep cleaning	All members must clean equipment before and after			N/A
	The state will ease capacity and social distancing restrictions beginning on May	https://www. governor.virginia. gov/media/governo rvirginiagov/govern or-of-virginia/pdf/4. 20.21-Forward- Virginia-Guidelines. pdf		Maintain 10ft of	10ft	Arrange all equipment so exercise areas are spaced out at least 10 feet apart	Yes	Screen customers for symptoms before entry	N/A	Promote frequent and thorough hand washing	Practice routine cleaning and disinfection. Surfaces frequently touched by multiple people should be cleaned and disinfected at least daily		N/A	N/A	See guidance (page 23)
	All restrictions will be lifted by June 30, or once 70 percent of residents 16 and older have received at least one vaccine dose.	https://www.governo	o 50%	50%	6ft	Arrange all equipment so exercise areas are spaced out at least 6 feet apart	Yes	Screen customers for symptoms before entry	Keep doors and windows open where possible and utilize fans to improve ventilation. Use MERV-13 filter if possible	Soap and running water shall be abundantly provided for frequent handwashing.	Ensure restrooms are frequently cleaned and appropriately disinfected throughout the day	Equipment will be sanitized immediately after each use	Maintiain log for contact tracing	N/A	See guidance
	Governor Justice announced the state will keep the statewide mask mandate in place for those who are not fully vaccinated through June 20.		N/A	N/A	N/A	N/A	Yes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Wisconsin		https://wedc.org/wp-	= N/A	Limit capacity to ensure 6ft of distancing	6ft	Arrange all equipment so exercise areas are spaced out at least 6 feet apart	No	Screen customers for symptoms before entry	Clean HVAC intakes and returns daily	Maintain an adequate supply of paper towels, soap and hand sanitizer	Increase cleaning frequency for restrooms, showers and locker rooms	Provide materials for members to wipe/disinfect equipment before and after exercise	Maintiain log for contact tracing	Only allow shower and locker room use if partitions are in place or signs have been posted to specify physical distancing requirements.	See guidance
Wyoming			N/A	N/A	N/A	N/A	No	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Washington DC	Restrictions on most businesses will be lifted on May 21.	https://coronavirus.d	Limit to ensure	Limit to ensure social distancing	10ft	Arrange all equipment so exercise areas are spaced out at least 10 feet apart	Yes	Screen customers for symptoms before entry	Increase circulation of outdoor air as much as possible by opening windows or exterior doors	Handwashing stations or hand sanitizer must be available for all patrons	Clean and disinfect high- touch surfaces regularly	Ensure that cleaning and disinfecting of shared equipment occurs after each use	Maintiain log for contact tracing	locker room entry is the only	ensure social