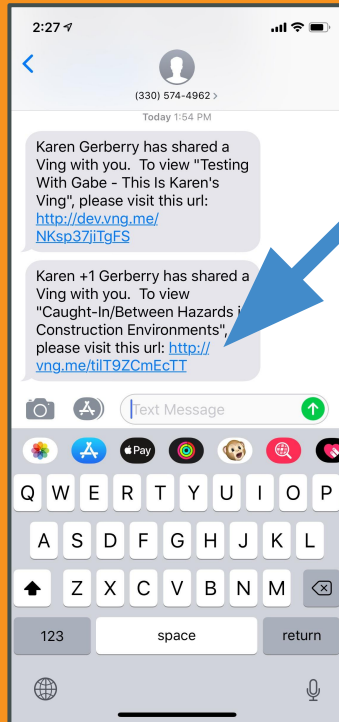


How To View A Ving

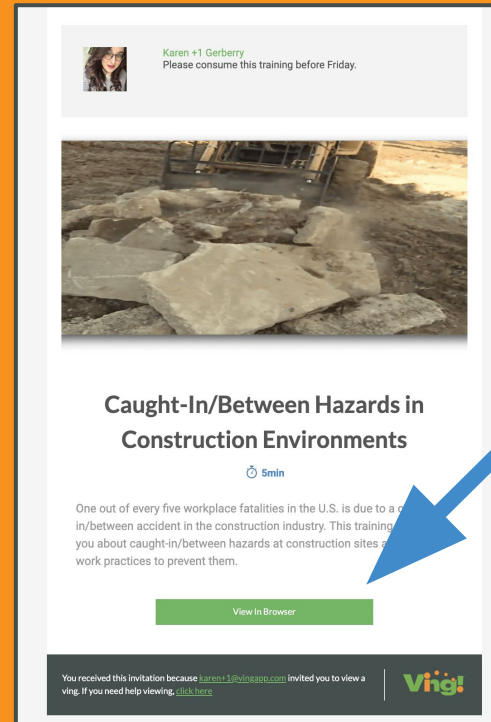
Created By Ving Success

First click on the link or button in the invitation.

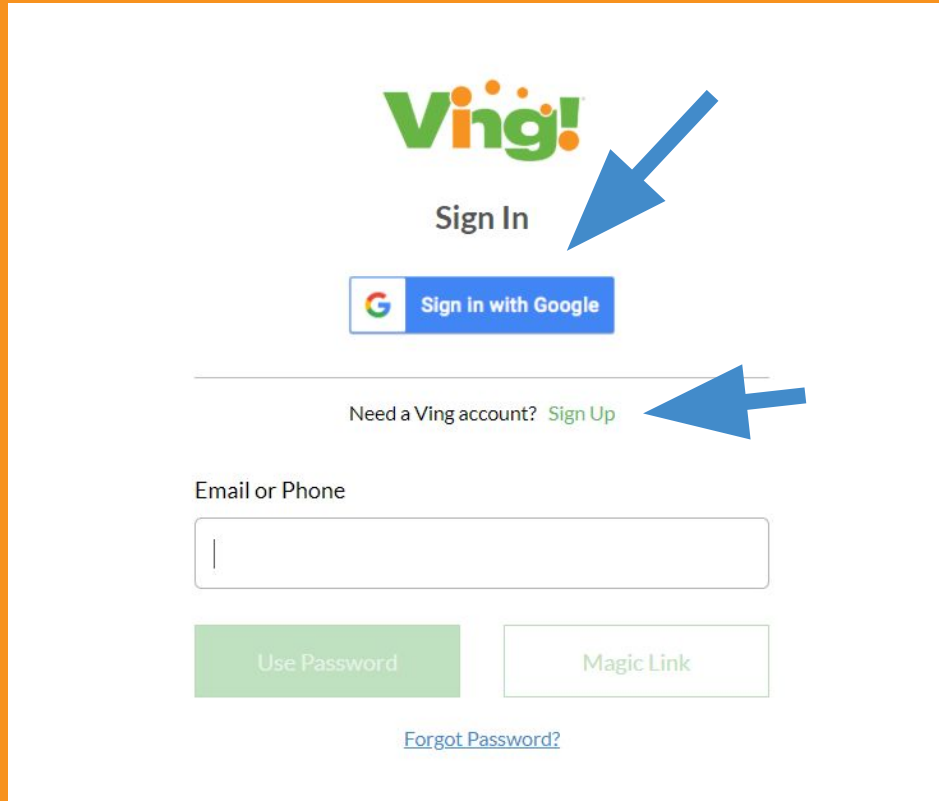
Phone



Email




If this is your first time, you can either use your Google credentials or click Sign Up to create a username and password.



Ving!

Sign In

 Sign in with Google


Need a Ving account? [Sign Up](#)

Email or Phone


[Use Password](#) [Magic Link](#)

[Forgot Password?](#)

To create an account simply fill out this form and click Sign Up.



Sign Up



Already have a Ving account? [Sign In](#)


Email or Phone

First Name

Last Name

Password

Confirm Password

I'm not a robot  [reCAPTCHA](#)
[Privacy](#) [Terms](#)

By creating an account, you agree to Ving's [Terms of Service](#) and [Privacy Policy](#).



**After clicking Sign Up you will be sent a verification code.
Put the verification code in here and click Verify Your Account.**



Verification

Check your Email or SMS for your verification code.

Verification Code

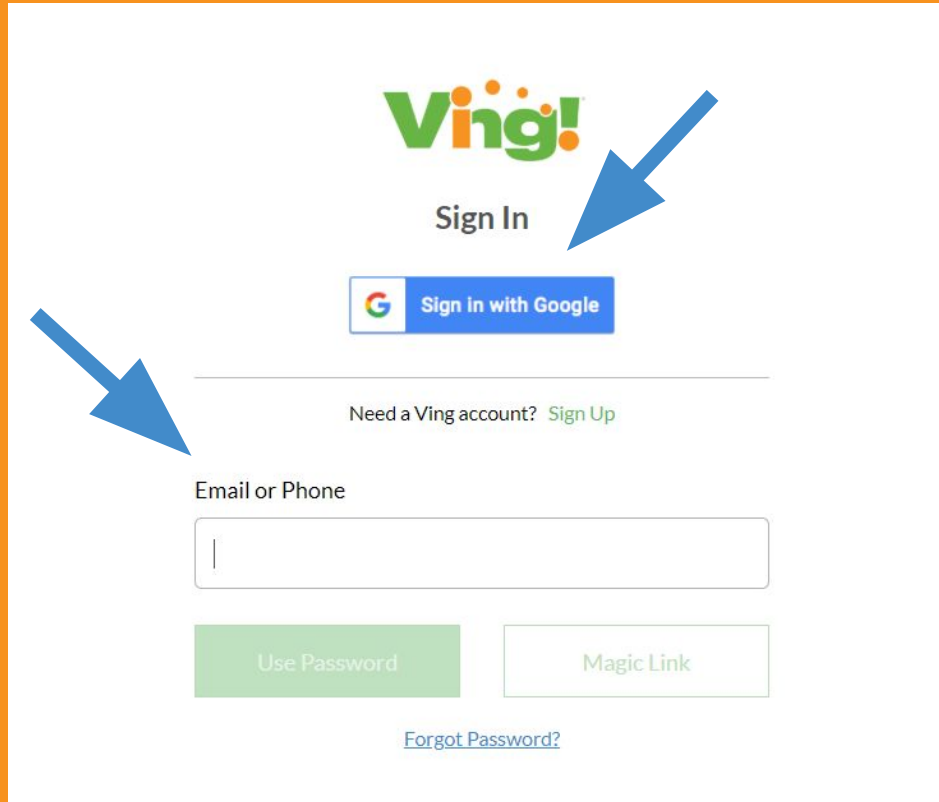


Verify Your Account

[Didn't receive a code?](#)

By creating an account, you agree to Ving's [Terms of Service](#) and [Privacy Policy](#).


If you have a log in you can do so by clicking the Google button or if you're not a Google user you can put in your phone or email.



The image shows the Ving! sign-in interface. At the top is the Ving! logo. Below it is the text "Sign In". A blue arrow points to the "Sign in with Google" button, which features the Google logo. Below this is a horizontal line, followed by the text "Need a Ving account? Sign Up". A second blue arrow points to the "Email or Phone" input field. Below the input field are two buttons: "Use Password" and "Magic Link". At the bottom is a link for "Forgot Password?".

Ving!

Sign In

 Sign in with Google

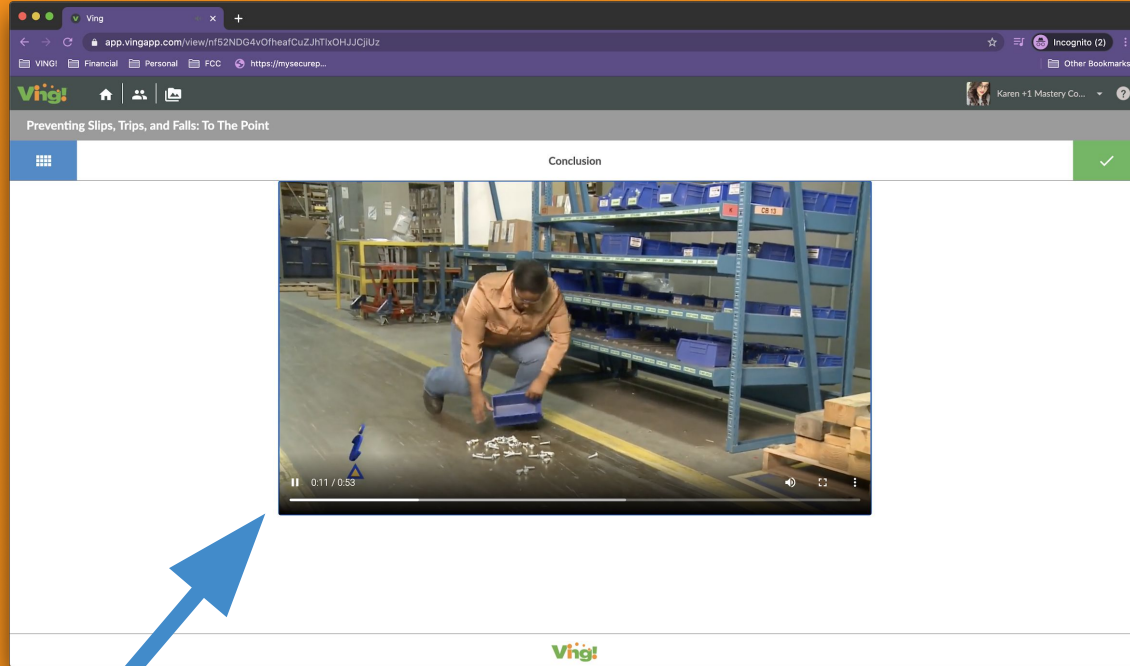
Need a Ving account? [Sign Up](#)

Email or Phone

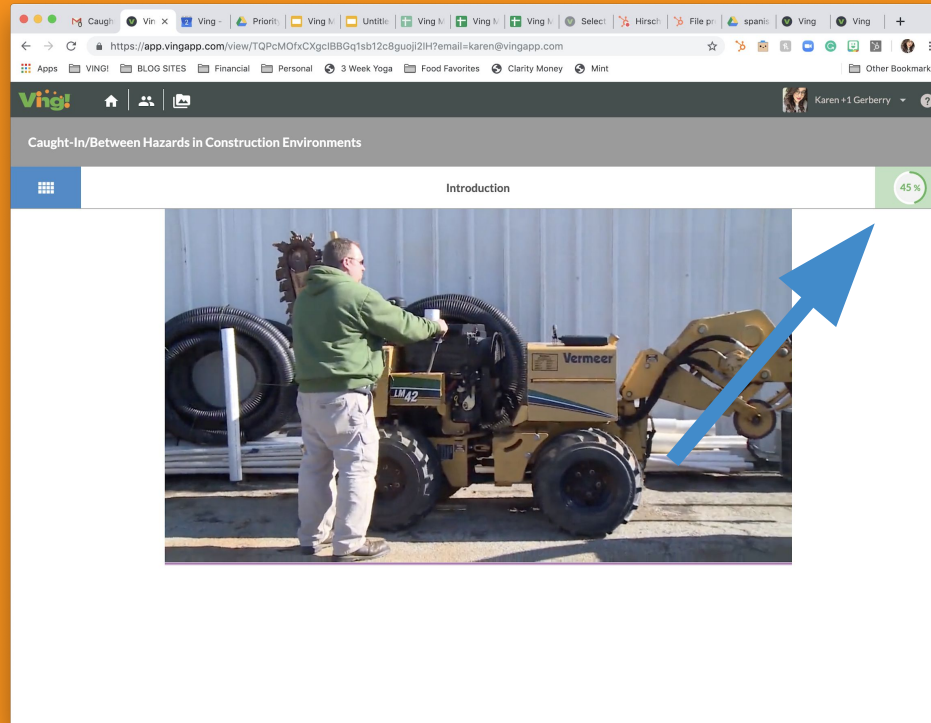
[Use Password](#) [Magic Link](#)

[Forgot Password?](#)

Now that your account is verified you can start viewing! When viewing a video click the play button.

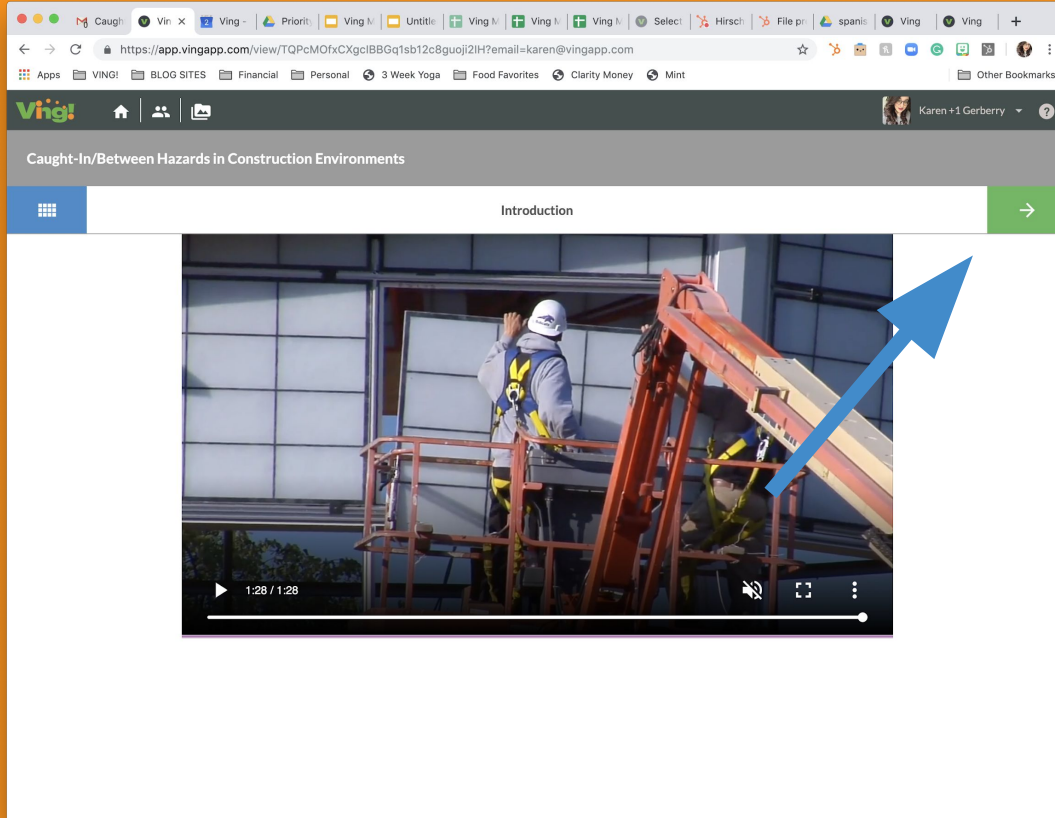


When you see a green progress circle you must complete the component you are on to 90% before being able to move on.



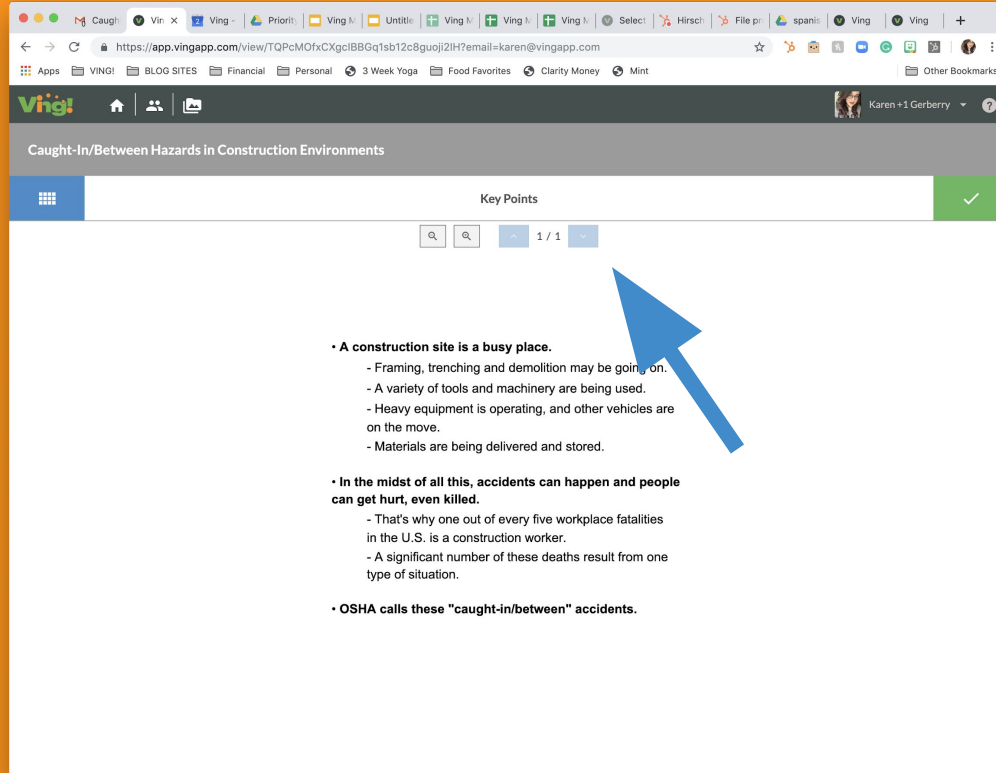
The screenshot shows a web browser window with the URL <https://app.vingapp.com/View/TQPcMOFxCXgcIBBGqtsb12c8guojl2IH?email=karen@vingapp.com>. The page title is "Caught-In/Between Hazards in Construction Environments". The current section is "Introduction". A green progress indicator in the top right corner shows "45%". A blue arrow points to this progress indicator. The main content area features a photograph of a man in a green jacket and light-colored pants operating a yellow Vermeer LM 42 skid steer loader. The loader is equipped with a large circular saw blade attachment. The background is a light-colored wall.

Clicking the next arrow allows you to navigate to the next component.

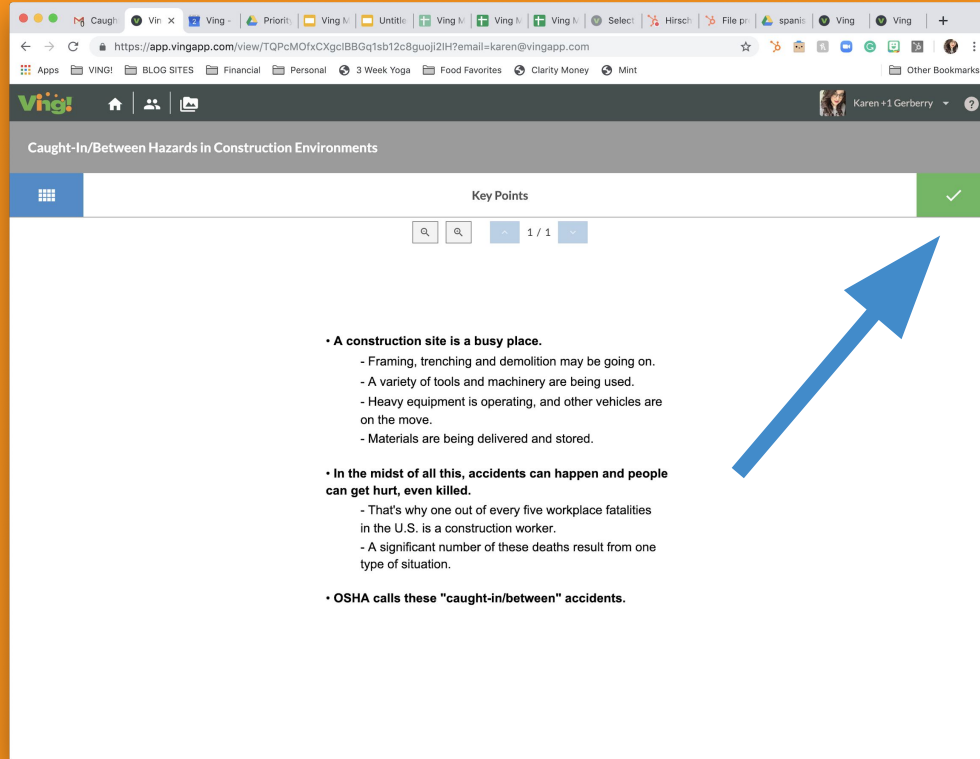


The screenshot shows a web browser window with the URL <https://app.vingapp.com/view/TQPcMOFxCXgclBBGq1sb12c8guoji2IH?email=karen@vingapp.com>. The page title is "Caught-In/Between Hazards in Construction Environments". Below the title is a navigation bar with a blue grid icon, the word "Introduction", and a green arrow icon. The main content area features a video player showing a construction worker on a scissor lift. A large blue arrow points from the green arrow icon in the navigation bar to the video player.

When viewing PDFs, you can flip through pages by clicking the arrows here.



A done check mark will appear when you are finished viewing the ving.



The screenshot shows a web browser window displaying the Vinga app interface. The browser's address bar shows the URL: <https://app.vingapp.com/view/TQPcMOfrCXgclBBGq1sb12c8guoji2IH?email=karen@vingapp.com>. The browser's tab bar shows several open tabs, including 'Ving -', 'Priority', 'Ving M', 'Untitled', and 'Ving M'. The browser's bookmark bar shows several bookmarks, including 'VING!', 'BLOG SITES', 'Financial', 'Personal', '3 Week Yoga', 'Food Favorites', 'Clarity Money', and 'Mint'. The Vinga app interface is displayed below the browser window. The app's header shows the Vinga logo, a home icon, a user icon, and a profile picture of Karen Gerberry. The main content area is titled 'Caught-In/Between Hazards in Construction Environments'. Below the title is a 'Key Points' section, which is highlighted in blue. The 'Key Points' section contains a list of bullet points. A green checkmark is visible in the top right corner of the 'Key Points' section, indicating that the user has finished viewing the content. A blue arrow points to the checkmark.

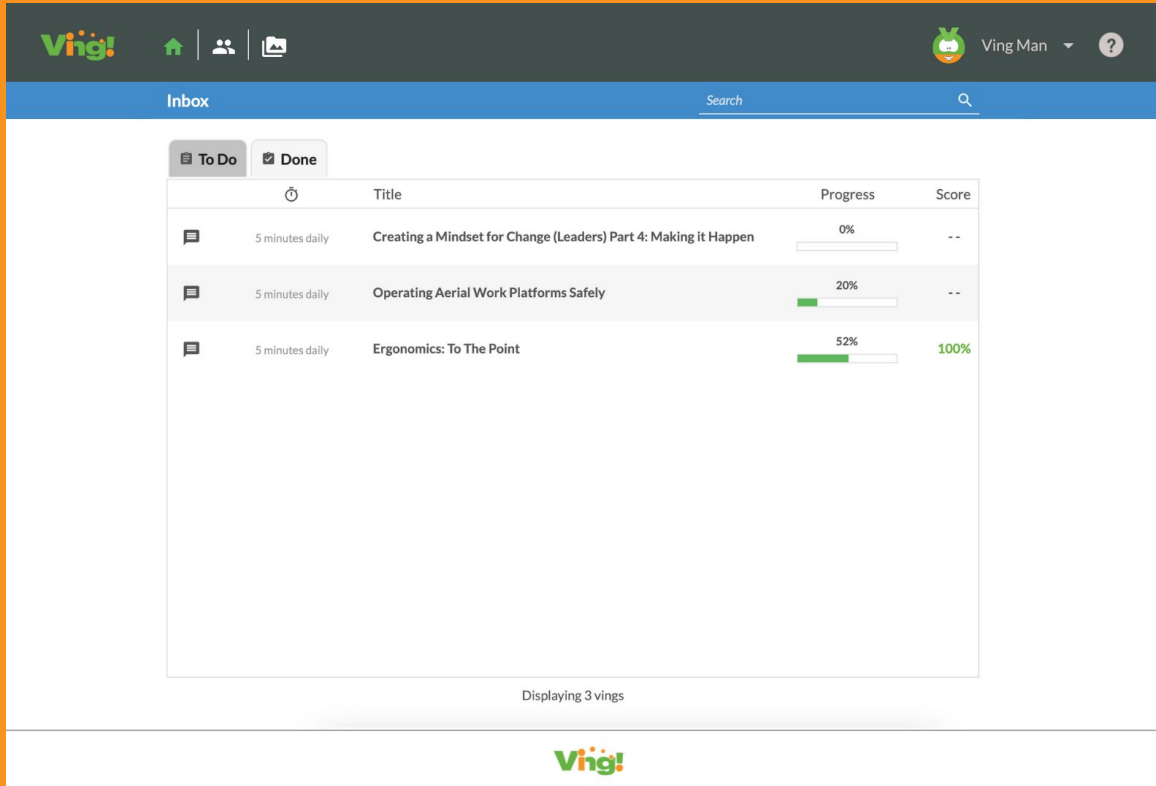
Caught-In/Between Hazards in Construction Environments

Key Points

1 / 1

- **A construction site is a busy place.**
 - Framing, trenching and demolition may be going on.
 - A variety of tools and machinery are being used.
 - Heavy equipment is operating, and other vehicles are on the move.
 - Materials are being delivered and stored.
- **In the midst of all this, accidents can happen and people can get hurt, even killed.**
 - That's why one out of every five workplace fatalities in the U.S. is a construction worker.
 - A significant number of these deaths result from one type of situation.
- **OSHA calls these "caught-in/between" accidents.**

Once you are done consuming a ving you will be navigated to your inbox. Here you can see anything you need to do, your progress, and score.



The screenshot displays the Ving! user interface. At the top, there is a dark navigation bar with the Ving! logo, home, user, and document icons, and a user profile section for 'Ving Man'. Below this is a blue header bar labeled 'Inbox' with a search bar. The main content area shows a list of vings under 'To Do' and 'Done' tabs. The list has columns for 'Title', 'Progress', and 'Score'. Three vings are listed:

		Title	Progress	Score
	5 minutes daily	Creating a Mindset for Change (Leaders) Part 4: Making it Happen	0%	--
	5 minutes daily	Operating Aerial Work Platforms Safely	20%	--
	5 minutes daily	Ergonomics: To The Point	52%	100%

At the bottom of the list, it says 'Displaying 3 vings'. The Ving! logo is at the bottom center of the page.

If you are not logged in you will be navigated to a screen that tells you are done.

