

The welcome verse for this week is Psalm 62:5, “For God alone, O my soul, wait in silence, for my hope is from him.”

A Quiet Hope

Psalm 131

The Bottom Line: The more a believer matures spiritually, the more childlike his faith will become.

Introduction

The 2020 year has been hard for all of us.

Virus-politics-the economy-Regis Philbin died this year.

How did you respond to this year’s difficulties?

Next year will have its own share of problems. How can we respond differently?
How do we see the people of scripture look to God during stressful seasons?

Tension

When we try to solve problems much bigger than us, we become overwhelmed, bitter, and sometimes violent.

While God gives us a brain to think, a mouth to speak, and hands to put to work, the reality is that some things in the world are just too big for me to take on.

We often want to be the hero in our communities, or at least in our own life. We know this temptation is often rooted in pride.

Truth

David demonstrates a better way to partner with God in our painful reality.

Of Psalm 131, Charles Spurgeon once said, “It is one of the shortest psalms to read, but one of the longest to learn.”

Read Psalm 131 (ESV and MSG).

The psalm begins with David renouncing any opportunity for pride.

David has recognized his role in the story of redemption. He knows he is not supposed to be the hero. David will not allow ambition to lead him, but he has learned humility instead.

Do we choose to sit back and do nothing in injustice? Not quite.

“Christian faith is not neurotic dependency but childlike trust.”
– Eugene Peterson

The more a believer matures spiritually, the more childlike his faith will become.

David has chosen to quiet himself within *and* without. He has silenced the external noise he is tempted to allow in and the internal noise he is tempted to let out.

It’s often easier to quiet the sea than to quiet ourselves.

David finishes the psalm by encouraging his fellow pilgrims, “Wait on the Lord! Hope now, hope always!”

Application & Conclusion:

How do we choose to respond to the temporary pains, sufferings, and injustices of this world?

1. Pray.
2. Remember his promises.
3. Seek love above all things.
4. If/when we speak, we do it from a place of peace, humility, and confidence in God.

Next Steps:

- Memorize Psalm 131:2.
- Learn the grace of quiet living.
- Silence the noises coming in and the noises going out.

1. What does this teach me about God?

2. What does this teach me about me?

3. How do I apply this to my life?

4. If I could ask a question about this it would be....